



MAY 2019

The Fremont Newsletter

We're Building Community

TOWN CLERK TAX COLLECTOR'S OFFICE HOURS

Monday & Friday 9:00 am – 12:00 pm
Tuesday 7:30 am – 3:00 pm
Wednesday 3:00 – 7:00 pm
Thursday 9:00 am – 5:00 pm

All Town Offices will be **CLOSED Monday May 27th** for Memorial Day and **Thursday July 4th and Friday July 5th** for Independence Day.



MEMORIAL DAY PARADE

Sunday May 26, 2019 at 9:00 am

The parade forms at Town Hall and Liberty Square for those who wish to march. Line up begins at 8:30 am and steps off at 9:00 am sharp. Anyone wishing to sing or do a reading at the cemetery ceremonies should contact the Selectmen's Office as soon as possible. In case of rain the services only will be held at the Ellis School Gymnasium at 9:00 am



MARK YOUR CALENDAR! EARTH DAY ROADSIDE CLEANUP

Saturday May 4, 2019

Fremont will be holding its second annual community cleanup effort, "Litter Free Fremont". Volunteers needed, please contact Jamie Thompson thompj2@yahoo.com or Rich Cooper at rcooper483@gmail.com. The blue bags are now available at the Town Hall, Ellis School and the Fremont Library. The bags can be placed in your toter or dropped off at the Highway Shed on Saturday May 4 between 9:00 am and 2:00 pm.

COMMUNITY COOKOUT FREMONT PUBLIC LIBRARY

Saturday May 4, 2019

Cookout 11:00 am to 1:00 pm

Join the community spirit for Earth Day! Stop by after you help with roadside cleanup and have some lunch and see what is going on in Fremont! The Garden Club, Open Space Committee, Conservation and PTA will be available! Touch a Truck for the kids and much more!

SANDOWN ROAD BRIDGE – ONE LANE RESTRICTION

The Sandown Road Bridge Overflow (at the Sandown town line) is now restricted to one lane. The NHDOT has directed the Sandown Road Bridge overflow (built in 1930) repairs, which are currently being engineered. This bridge is the last one on Sandown Road before the Fremont/Sandown town line. Closure will affect travelers using Sandown Road, and the Fremont residents who live on the Sandown side of the closure. This includes a couple of houses on Sandown Road and anyone who lives in the Dakota Drive / Treaty Court neighborhoods.

The Selectmen and Road Agent have engaged an engineer to assist, and the design and permitting work is underway. This summer (anticipated June/July timeframe) it will be closed for approximately two months while the work is completed. The repair work was approved by voters in WA 17, the Bridge Capital Reserve Fund, as well as the 2019 Highway Department Operating Budget.

There is signage at either end of the bridge, and only one vehicle will be able to traverse at once. This may cause some traffic backups and delays, please plan accordingly and use caution in the area.

We will be working closely on mutual aid responses for emergency service with our emergency service partners from the Town of Sandown. If you have questions, please feel free to contact the Selectmen's Office at 895 2226 x 301 Heidi; x 303 Jeanne; or x 302 Kathy.

Thank you for your patience. It is the Town's goal to get this work done as soon as possible, during the period of lowest flow this summer, and while school busses are not travelling the roadway.

SPRING 2019 BULKY DAY

Saturday May 18, 2019

8:00 am to 12 noon at the Highway Shed, 113 Danville Road

Contact the Selectmen's Office if you have questions. We take large bulky items that cannot go out with weekly trash. Also, electronics, tires and propane tanks can be dropped for a fee. See the Bulky Day flyer in this newsletter.

FREMONT GARDEN CLUB PLANT SALE

Saturday May 18, 2019

The Garden Club Spring Plant Sale will take place from 9:00 am to 1:00 pm on the front lawn at the Fremont Public Library.

The most current dates and information about meetings and events are on the Town's website at www.Fremont.nh.gov



HOW TO PROPERLY DISPOSE OF YOUR UNUSED MEDICINES

Unused or expired prescription medications are a public safety issue, leading to potential accidental poisoning, misuse, and overdose. Proper disposal of unused drugs saves lives and protects the environment.

Drug Disposal Guidelines

If no disposal instructions are given on the prescription drug labeling and no prescription drug take-back program is available in your area, then follow these simple steps to throw the drugs in the household trash:

1. Remove the medicine from its original container and mix it with an undesirable substance, such as used coffee grounds or kitty litter.
2. Place the mixture in a sealable bag, empty bag, or other container to prevent medicine from leaking or breaking out of a garbage bag.

Visit the Drug Enforcement Administration's (DEA) website (www.deatakeback.com) or call (800) 882-9539 for more information and to find an authorized collection in your community. The site also provides valuable information about DEA's National Take-Back Initiative.

Resources

For more information on preventing prescription drug misuse, go to the following websites:

- www.dea.gov
- www.getsmartaboutdrugs.com
- www.justthinktwice.com
- www.campusdrugprevention.gov

For more information on the safe disposal of pharmaceuticals, go to the following websites:

Environmental Protection Agency

- How to Dispose of Medicines Properly
go.usa.gov/xNwXc

Food and Drug Administration

- Disposal of Unused Medicines: What You Should Know
go.usa.gov/xNw9z
- How to Dispose of Unused Medicines
go.usa.gov/xNw9S

SATURDAY APRIL 27
FREMONT SAFETY COMPLEX

DEA NATIONAL **R_x**
TAKEBACK

10 AM TO 2 PM

Additional Tips

- Scratch out all identifying information on the prescription drug to make it unreadable. This will help to protect your identity and the privacy of your personal health information.
- You must not share your prescription drugs – they were prescribed to you.

Can I Flush Medicine Down the Sink or Toilet?

If the abovementioned disposal options are not readily available, one option is to flush the medicines down the sink or toilet as soon as they are no longer needed. Some communities may prohibit this practice out of concern over the trace levels of drug residues found in rivers, lakes, and community drinking water supplies.

Do not flush medicines down the sink or toilet unless the prescription drug labeling or patient information that accompanied the medicine specifically instructs you to do so. Please also ensure you are compliant with your community's laws and regulations prior to taking such action.



Litter-Free Fremont 2nd Annual

Roadside Trash Pickup Saturday, May 4 9am-12pm

Where: Fremont Highway Shed, 113 Danville Rd – Rt. 111A
Bring work gloves, get trash bags and a map
(Gloves also provided if you need them)
Enter the FREE Raffle for all participants!

BLUE trash bags available at Town Hall, Library, Ellis School if you want to get a head start. **BLUE BAGS ONLY** will be accepted at Highway Shed.

Drop off bags same day up to 2pm at Highway Shed or leave roadside for pickup



Free cookout at the Library 11am-1pm Everyone is welcome!

Meet the your neighbors from the Friends of the Fremont Library, Conservation Commission, Open Space Group and Recreation Committee.

Want to help?

Looking for a couple of volunteer pick-up truck drivers for roadside pickups.

Please contact Jamie Thompson: thompj2@yahoo.com

or Rich Cooper: rcooper483@gmail.com

SPRING Bulky Day – Saturday May 18, 2019

Open 8:00 am to 12 noon at the Fremont Highway Site ~ 113 Danville Road, Fremont
Fremont Residents Only – You Must Bring ID

ITEMS WE WILL ACCEPT FOR BULKY DROP-OFF:

ELECTRONICS: Will be handled by Palmer Cleanout. There will be a couple of smaller (15 yard) roll-offs where electronics will be sorted and processed, at the front end of the site (so pack your vehicle accordingly). We can accept personal computers, laptops, scanners, printers, fax machines, back-up power supplies systems, photocopiers, shredders, toner cartridges, VCR's, radios, CD players, car stereos, speakers, power cables, electronic motors, vacuum cleaners, metal car parts, bicycles and anything that is mostly metal. THERE IS A NEW PRICE SCHEDULE, check below for items you must pay for at the entrance of the site.

APPLIANCES: Stoves, washers, dryers, fans, trash compactors, ovens, hot water tanks, furniture, small engine equipment such as lawn mowers, snow blowers, rototillers and other small, motorized items to be recycled. Gas grills are accepted.

YOU MUST REMOVE GAS TANKS and DRAIN OIL FROM ALL EQUIPMENT

BRUSH PILE: Wood, Brush and Slash under 5" is acceptable, as is untreated /unpainted lumber with an end cross-sectional area of 24" or less

CAR BATTERIES: Will be accepted on a pallet near the electronics dumpsters (These are free.)

You will pay these fees at the first stop inside the gates and be issued a tag to take to the drop-off dumpster or area. You must present the ticket to dump your items that have a fee.

FEE ITEMS:

\$ 20.00 per item for Refrigerators, Freezers
\$ 20.00 per Air Conditioners
\$ 15.00 per TV, any size or style
\$ 15.00 per Computer Monitor
\$ 5.00 Propane tanks 20 lb. size for gas Grill
\$ 10.00 Microwaves
\$ 20.00 Dehumidifiers

TIRE PRICES:

Rimless Passenger Tire \$3.00
Rimless Light Truck Tire \$5.00
Rimless Heavy Truck Tire \$10.00
Rimless Tractor or Skidder Tire \$20.00
Tires with Rims: add \$5.00 each to the above fee schedule

ITEMS WE CANNOT ACCEPT:

- Regular Trash or recyclables
- Batteries other than car
- Radioactive Material
- Medical Waste
- Wet or Dry Transformers
- Excessive Oily Materials
- Any Transformers, capacitors or ballasts
- Building/Demolition Waste such as Drywall, shingles, painted wood, pressure treated wood
- Metal Borings, turnings or shavings
- Paint containers
- Machinery containing oil or hydraulic hoses
- Whole Oil Tanks or Oil of any kind
- Air bag Canisters
- Yard Waste – leaves and grass clippings

NO Hazardous Materials of any kind

Please be prepared to unload your vehicle at each stop.

Swap Area - If Bulky items are in very good condition and still usable, they can be brought to the Swap Area. *Consult Volunteers before dropping anything off. The Swap Area closes at 11:30 am.*

Volunteers make this day happen – let us know if you'd like to help!

Contact: Jeanne @ 895-2226 Ext. 303

or Email: FremontTownHall@comcast.net

NH LOW & MODERATE INCOME TAX RELIEF

The State's 2018 Form DP-8 for the Low- and Moderate-Income Property Tax Relief should be available soon. You can get a copy from the Selectmen's Office or use the web fill-in form and print it. We will mail out copies to those who have requested the form in prior years. It will also be available from the Town's website and from the Selectmen's Office. The State no longer mails the forms out, so be sure to get yours soon. **Forms must be filed by June 30, 2019.**

Contact the Selectmen's Office at 895 2226 x 303, 302 or 301 to have one mailed out to you, or check the State website at: <http://revenue.nh.gov/forms/low-moderate.htm> to fill out and print your form online. From that page, you will need to get Form DP-8 for the 2018 tax year.

FREMONT LIBRARY

The **Friends of the Library** would like to encourage patrons to visit a Museum of their choice and come to the library for reimbursement.

Please bring your receipt to the library, fill out a brief form and you will be reimbursed for up to 5 people for \$5.00 per person.

(You will receive a check in the mail after the next regular Friends meeting). For all patrons to take advantage we offer this to each family one time per year.



COME JUDGE A FIDDLER CONTEST

On Thursday May 16 at 6:30 pm the Friends of the Fremont Library will present a musical program "Old Time Rules Will Prevail: The Fiddler Contest in New Hampshire". Adam Boyce is the presenter and musician. The audience will judge which "Fiddler" is the best. This Humanities-to-Go Program will be held at the Fremont Public Library, 7 Jackie Bernier Drive in Fremont. The New Hampshire Humanities Council has partially funded this outstanding musical event. Mark your calendars and plan to attend. For more information, please call Warren Gerety at 603 702 0120.

FREMONT PUBLIC LIBRARY POSITION OPENING

Part-time Library Aide position is for up to 20 hours a week, weekends mandatory. Position is non-exempt, part-time.

The ideal candidate is:

1. An Avid reader with a knowledge of books, so they can recommend appropriate titles to adults and children.
2. Customer service focused to insure all patrons feel welcomed and appreciated.
3. Able to successfully help with events for children and adults.
4. Able to use basic technology to answer questions from patrons on email, e-books, internet searches, and word processing.

Resumes and questions can be sent to ericabney.fpl@gmail.com.

The Town of Fremont is an EOE.
Position will remain open until filled.



FREMONT HISTORIC MUSEUM

The Fremont Historical Museum located at 8 Beede Hill Road is open during the summer months.

The Museum hours are 10:00 am to 2:00 pm the following Saturdays:

May 11
Aug 10

June 8
Sept 21

July 13
Oct 12

Admission is always FREE. Special appointments can also be made by contacting FHS President Matthew Thomas at 603 895 4032.

The Museum is a great place to see and learn more about the history of Fremont with over 50 fascinating exhibits dating back to 1734.

FRIENDS OF THE FREMONT LIBRARY

Congratulations to the Friends former Director Arlene Nuzzi on being voted a Fremont Library Trustee.

Taking her place as a Friends Director will be Patricia Gerety. Paul Nuzzi, Vice President of the Friends, will be cooking on the grill for the May 4th Clean Up Day and Barbecue at the Fremont Library. On Saturday May 18 from 9:00 am to 2:00 pm and in conjunction with the Fremont Garden Club Spring Plant Sale, the Friends will be conducting their Spring Book Sale. Paperback books at 50 cents, hard cover books at \$1.00 and the best buy a bag full of books for \$5.00. We hope to see you there!

For those wishing to purchase Fremont mugs, the Friends have ordered more mugs from Salmon Falls Stoneware. New this year will be Fremont Spoon Rests. These should be in by the end of May. You can purchase them at the Fremont Library or at the Fremont Town Hall.

Mark your calendar for Saturday August 17 at 1:00 pm when the Timberlane Community Band will perform a summer concert on the Fremont Library Front Lawn.

A new Friends information flyer will be available in May which can be picked up at the Fremont library or a request can be sent to our email address friendsofthefremontlibrary@gmail.com. We are hoping many of you will consider becoming Friends of the Fremont Library. Individual membership is only \$10 per year. Family membership is \$15, and business/corporation is \$25. Also, from time to time we need volunteers to help out, so watch for requests in the Town Newsletter or on the Facebook Community Page. For more information, please call Warren Gerety (Friends President) at 603 702 0120.

NEWSLETTER DEADLINE

Deadline for submittal is generally the 15th of each month for publication in the following month. No opinion pieces will be accepted. Submissions may be edited for clarity and/or due to space constraints. Deadlines are available on the monthly MEETINGS CALENDAR page of the Town's website.

SPRING HIKE TO THE 1959 B52 CRASH SITE in FREMONT

Although most of the plane wreckage was removed at that time and other pieces are scattered about, there are still remnants of this historical event. The Open Space Advisory Group is planning a Spring Hike to visit the site and see "what's left" of this airplane. The hike will take place on SUNDAY, APRIL 28th at 1:00 pm and will be 2 to 4* miles long. It will include a few "paths of least resistance", some easy "bushwhacking" and maybe even a beaver dam to cross. Please allow 3 hours for the hike. (* Our starting point and final route will depend upon forest conditions at that time.)

Due to the nature of this hike, we will require you to sign up ahead of time. Please email Dennis Howland at walrus48@comcast.net or call 679 8853. The week before the hike they will let you know the starting point and route.

MOSQUITO CONTROL

With the passage of funding at Town Meeting, the town has recently re-entered contracts with MPMS Inc and Swamp Inc relative to mosquito control activities for the Town of Fremont. The Special Permit for Mosquito Control has arrived from the New Hampshire Division of Pesticide Control.

Control of larval mosquitoes in stagnant bodies of water will begin in April 2019. The primary method of control will be a bacterium (BTI) that is a naturally occurring parasite of mosquito larvae. Areas requiring control will be emergent marshes, cattail marshes, red maple swamps, woodland pools, roadside ditches, street and parking lot catch basins, marshes, flooded fields and stormwater basins.

Special emphasis will be placed upon the control of mosquito species that are known vectors of West Nile Virus and Eastern Equine Encephalitis. Anyone with questions can contact the Town's Contractor, Entomologist Michael Morrison at 603 231 1271.

WASTE MANAGEMENT

The Warrant Article for the Waste Management Contract passed on March 12th. We thank the voters for their support of this important article. The Selectmen are in the final stages of negotiating the terms of a new five-year contract which will begin May 1, 2019.

There are new provisions of the contract including a processing cost monthly. The more acceptable recycling we do, the less these costs should be. If you have questions about what is recyclable, please contact the Selectmen's Office or check the updated pages on the Town website.



WASTE MANAGEMENT RECYCLING

There is an updated Acceptable Materials List, simply stated, acceptable items include **PET bottles and containers with the symbol #1, #2 and #5. Tin and Aluminum Cans, Beverage Cartons, Paper, Cardboard and Brown, Clear or Green Glass Bottles. All plastic, glass and metals should be clean and empty.**

This list is available at Town buildings, the website, and published at the end of this newsletter. The contaminants list is on the website and in the printer flyers at Town buildings.

Nothing else should go in the recycling bin, especially plastic bags, even if they have the recycling emblem on them. We also recently learned that flower pots, and the plastic "six pack" that annual flowers come in, are also NOT recyclable even if they show the recycling symbol. No types of Styrofoam are recyclable in Fremont, even with the recycling emblem on them.

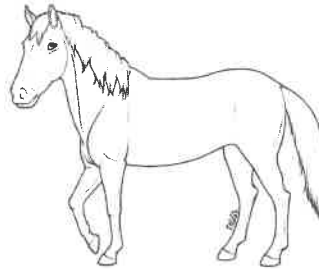
Recycling has become a challenge as there is not much of a market for the plastic recyclables now. The most important thing with recycling is to not contaminate the recycling with other items that are no longer accepted. The Town saves money if we can follow these updated guidelines effectively.

The guidelines are available at the Town Hall and on the Town's website. If you have any questions, please check the Town web site or call the Selectmen's Office at 895 2226 2226 x 303 (Jeanne) or x 302 (Kathy).

We appreciate your cooperation, as the more we can properly recycle, the more we can reduce our tipping costs at the landfill.

RECYCLING PICK-UP

There have been changes to what can be placed in our recycle bins, if there are items that are not acceptable, your recycle will not be picked up. Call Waste Management at 800 847 5303 and provide your address with questions about your specific pickup issues.



PEPPERMINT PONIES 4-H CLUB

Girls, boys 5+ years and their families are welcome to visit club activities and join [4-H Online](#) when ready. Attend year-round weekly Horse Knowledge

club meetings Wednesday, 6-7:30 pm and Horse Apprentice Volunteer, Saturday 8-10 am. Volunteers engage with real live horses & ponies with adult supervision. Volunteers learn to track their time to earn credits towards horseback riding. [Join email list](#), contact leader Jan Brubacher, call/text 603 3030 1584 or email j.brubacher@comcast.net to attend a meeting or volunteer.

4-H is hands-on, learn-by-doing, age appropriate topics covering horse safety, behavior, communication, arts, crafts, breed, history, colors, markings, type, health, science, anatomy, physiology, care, feed, nutrition, use, career, finance, technology, equipment, show, train, ride and more. Members participate in Stratham, Deerfield Fairs, [NHSPCA](#), local horse shows, events, activities and with other 4-H clubs. Members learn to work independently, create special projects, group teamwork, social skills, mentor, public speaking. Members record horse projects to earn recognition, scholarships, attend conferences, college, jobs.

We were chartered in 2005 by Jan Brubacher who was (and still is) a loyal, committed 4-Her. "My job is to enrich your child's life through the incredible resources available to us through [UNH Co-operative Extension](#)."



SAU 83 FSD POSITION OPENINGS

Part-time Title 1 Math Teacher/Coordinator, beginning August 2019 Bachelor's Degree or equivalent in elementary education. Some teaching or paraprofessional experience preferred. Appropriate NH teacher certification.

1.0 FTE Custodian Full-Time, Beginning on or around July 1, 2019

Interested applicants should refer to the SAU 83 website (under Human Resources) for application for to submit to the SAU: www.sau83.org

FREE ACADEMIC SKILLS CLASSES FOR ADULTS at EXETER ADULT EDUCATION

The most current dates and information about
meetings and events are on the Town's website
at www.Fremont.nh.gov

Strengthen skills for work or test preparation and build confidence.
Class instruction is available in math, writing, reading and English.

Class times are Monday, Wednesday and Friday at 9:00 am or
Monday and Thursday evenings at 6:30 pm.

Registration for these classes is ongoing. Please call the Exeter
Adult Education office at 603 775 8457 to set up a time to come in
and register to start.

For more information, you can also go online: adulted.sau16.org for
more information about all our programs and class offerings.

Selectmen's Office VM x 301 Heidi x 303 Jeanne and x 302 Kathy

Tel: 895 2226 ~ Fax: 895 3149

Mon & Fri: 8:00 am to 12 noon

Tues & Wed: 8:00 am to 4:00 pm

Thurs: 9:00 am to 5:00 pm

FremontTA@comcast.net

FremontTownHall@comcast.net

FremontSelectmensOffice@comcast.net

Tax Collector / Town Clerk 895 8693 VM x 307

Monday 9:00 am to 12 noon

Tuesday 7:30 am to 3:00 pm

Wednesday 3:00 to 7:00 pm

Thursday 9:00 am to 5:00 pm

Friday 9:00 am to 12 noon

FremontClerk@comcast.net

Bldg & Planning 895 3200 Building Inspector VM x 309

Tue, Wed & Thur

8:30 – 10:00 am and 1:00 – 2:00 pm

and by appointment

FremontBI@comcast.net

Planning & Zoning VM x 306

Tuesday & Thursday 9:00 am to 12:30

pm and 1:00 to 4:00 pm

FremontPZ@comcast.net

Health by appt 895 3200 x 309

Welfare by appt 483 2881

Town & Department Contacts EMERGENCY dial 9 1 1

Police Department 895 2229

Fax 895 1116

Mon – Fri 8:00 am to 4:00 pm

Fire Rescue Business 895 9634

Office Hours M/Th 5:00 to 7:00 pm

Raymond Disp 895 4222 Non-Emerg

Highway Dept - Road Agent

Leon Holmes Jr 603 300 7430

Fremont Public Library

Tel 895 9543 ~ Fax 244 1724

Mon Noon to 6 pm / Tu & Th 1 to 7 pm

Wed & Fri 9 am to 5 pm

Sat 9 am to 2 pm

Ellis School 895 2511 sau83.org

SAU # 83 895 6903 Fax 895 6905

Both located at 432 Main Street

Post Office 895 2094

Mon - Fri 9:15 am - 12:15 pm and 1:15

- 4:15 pm Sat 8:30 to 11:00 am

Trash Pickup & Recycling – Waste Management of NH - 800 847 5303

FAA fremontathletics@yahoo.com

www.fremontathleticassociation.org

Food Pantry Debbie 895 3825 or

Sherri 770 8529

2019 MEETING SCHEDULES Town Hall, Basement Meeting Room

Budget Committee 7:00 pm

May 8

Cemetery Trustees 4:00 pm

May 14

Conservation Comm 6:30 pm

May 6 Jun 3

FCTV Committee 6:00 pm

May 20 Jun 17

Parks & Recreation 6:00 pm

May 14 Jun 11

Planning Board 7:00 pm

May 1, 15 Jun 5, 19

Selectmen 6:30 pm

Apr 25 May 2, 9, 16, 23, 30

Zoning Board 7:00 pm

May 28 Jun 25

Open Space 6:30 pm

May 7

Fremont Public Library

Library Trustees 7:00 pm

May 22 Jun 26

Supervisors of Checklist 7:00 to

7:30 pm 1st Tuesday of the month

Friends of Library 4:00 pm

Third Tuesday of the month

Garden Club 7:00 pm

4th Tuesday of the month Sept to

April