

HE FREMONT NEWSLETTER

We're Building Community

TOWN CLERK TAX COLLECTOR

Monday 9:00 am - 12:00 noon Tuesday 8:00 am - 12:00 noon Wednesday 3:00 - 7:00 pm Thursday 9:00 am - 5:00 pm Friday 9:00 am - 12:00 noon

The Town Hall is OPEN for normal posted hours for all offices. We are also happy to make arrangements to meet you outside if needed or provide a remote pickup/drop off option. The Town's website is the most up to date location to get information. We have posted "how to" for the most common municipal transactions, and you can always call, email, mail, and use the drop box for various transactions.



DAYLIGHT SAVINGS

March 10, 2024

Don't forget to change the batteries in smoke and CO detectors when you change your clocks!

2024 VETERAN CREDITS & **ELDERLY EXEMPTIONS**

New exemptions or credit applications will be accepted at the Select Board's Office until NOON on Monday April 15, 2024. A postmark of April 15, 2024, is also acceptable. Do not leave forms in the dropbox after noon.

Forms are available on the website or contact us to have one mailed to you. If you have any questions, please contact Jeanne or Kathy in the Select Board's Office at 603 895 2226.



Tuesday March 12

The last time to request an absentee ballot is on Monday March 11 between 3 and 5 pm from the Town Clerk. She is open ONLY for absentee ballot processing. You can also see the Clerk from 9 am to 12 noon Monday March 11.

Tuesday March 12, 2024 - Last day for the Town Clerk to accept completed absentee ballots, no later than 5:00 pm. Contact the Town Clerk for ALL ABSENTEE BALLOT questions at 603 895 8693 x 307 or by email to clerkcollector@fremont.nh.gov.

Polls are open 7:00 am to 8:00 pm at Ellis School - 432 Main Street in Fremont.

New voters can register with the Supervisors of the Checklist on Election Day, March 12 at Ellis School.

OTHER IMPORTANT DATES:

Friday March 15, 2024 - Last day for any person for whom a vote was cast to apply to the Town Clerk for a recount. The Clerk will have special hours from 3:00 to 5:00 pm for that sole purpose. Tuesday March 19, 2024 - Last day for 10 voters of a town to

petition Clerk to recount ballots on any question printed on the official ballot.

Friday March 22, 2024 - Last day for candidates for Town/School District office to remove political advertising.

CANDIDATES NIGHT

The Moderator will host a Candidate's Night on Friday March 8, 2024, at 6:00 pm at the Town Hall Basement meeting room. Feel free to attend in person, watch on FCTV Channel 22 or 1073 (hi-def) or livestream on Vimeo. It will also be rebroadcast until Election Day.

TOWN CANDIDATES

Budget Committee: 2 for 3 years Sherri Leatherman Patricia J. Martel

Cemetery Trustee: 1 for 3 years Steve V. Tomasz

Moderator: 1 for 2 years Michael Rydeen

Library Trustee: 1 for 3 years Emily Clark

Road Agent: 1 for 3 years Leon Holmes Jr.

Select Board Member: 1 for 3 years Gordon Muench Jon E. Benson

Supervisor of Checklist: 1 for 6 years Cathy Murdock

Trustee of Trust Funds: 1 for 3 years Mary A. Anderson

SCHOOL DISTRICT CANDIDATES

School Board Member: 2 for 3 years Gordon Muench Greg Fraize

School District Moderator: 1 for 1 year James H. Thompson

School District Clerk: 1 for 1 year Shawn Perrault

School District Treasurer: 1 for 1 year No Candidates declared

TOWN REPORTS

The printed books are available at the Town Hall, (back door upstairs available 24/7), Fremont Public Library, Safety Complex and Ellis School. The information is all posted online now. Click on Town Reports from the homepage and choose 2023.

The most current dates, meeting schedules and information about the Town are on the website at www.Fremont.nh.gov

FREMONT FIRE RESCUE EMERGENCY DISPATCH

In ANY EMERGENCY DIAL 9 1 1
Fire Rescue Non-Emergency 603 895 9634
Dispatch Services have changed over to the Rockingham County
Sherriff's Department at 603 679 2225.



YOU CAN TEXT 911 IN NEW HAMPSHIRE

When:

- If you are deaf, hard of hearing or have a speech disability.
- If you cannot speak due to an injury or medical condition.
- If you are in a dangerous situation and it's not safe to call.
- If you cannot make a call because of poor cellular service.
- If your battery is low.

How:

- Type 911 in the 'To' field
- Type a short description of the emergency.
- No pictures, videos, emojis or group tests.
- Type exact location of the emergency.
- Answer 911 call taker's questions.
- Be brief and concise follow instructions.

Visit: 911.nh.gov for more information

THE SNHS VOLUNTEER INCOME TAX ASSISTANCE (VITA) PROGRAM

Is Your Income \$64,000 or less?

Get your taxes prepared and e-filed for FREE!

It's easy to schedule an appointment by visiting NHTaxHelp.org
to see the full list of free tax sites in the state and to make their appointment.

For Military or no internet service dial 211. For more information email Patte Ardizzoni at pardizzoni@snhs.org

The EITC is a support for working people who don't make a lot of money. According to the IRS, about 1-in-4 eligible New Hampshire residents fail to file for the EITC.

leaving an estimated \$49 million unclaimed.
The IRS also encourages self-filers with internet access and a household income up to \$73,000 to take advantage of www.MyFreeTaxes.com.



FREMONT PUBLIC LIBRARY

Library Hours
Monday 10:00 am – 4:00 pm
Tuesday & Thursday 1:00 – 7:00 pm
Wednesday & Friday 9:00 am – 5:00 pm
Saturday 9:00 am – 2:00 pm

FAMILY MOVIE AND LEGOS



Saturdays March 9, 16, 23, 30 9:30 am to 1:00 pm

SONGS OF OLD NEW HAMPSHIRE

A Free Presentation by Jeff Warner

Thursday, March 21 at 6:30 pm

Jeff Warner is among the nation's foremost performer/interpreters of traditional music. His songs from the lumber camps, fishing villages and mountain tops of America connect 21st century audiences with the everyday lives—and artistry—of 19th century Americans.

Jeff has performed widely across America. He plays concertina, banjo, guitar and several "pocket" instruments, including bones and spoons. Jeff lives in Portsmouth, New Hampshire, and is a speaker for New Hampshire Humanities and an artist for the New Hampshire Council on the Arts.



Hosted by The Friends of the Fremont Library and



SciFi/Fantasy Book Group



Monday, March 25, 2024 at 6:00 pm The Integral Trees by Larry Nevin

When leaving Earth, the crew of the spaceship Discipline was prepared for a routine assignment. Dispatched by the all-powerful State on a mission of interstellar exploration and colonization, Discipline was aided (and secretly spied upon) by Sharls Davis Kendy, an emotionless

computer intelligence programmed to monitor the loyalty and obedience of the crew. But what they weren't prepared for was the smoke ring—an immense gaseous envelope that had formed around a neutron star directly in their path. The Smoke Ring was home to a variety of plant and animal life-forms evolved to thrive in conditions of continual free-fall. When Discipline encountered it, something went wrong. The crew abandoned ship and fled to the unlikely space oasis.

Five hundred years later, the descendants of the Discipline crew living on the Smoke Ring no longer remember their origins. Earth is more myth than memory, and no recollection of the State remains. But Kendy remembers. And just outside the Smoke Ring, Discipline waits patiently to make contact with its wayward children.

Please contact Eric at the Library 603 895 9543 for copies of our book this month.

Fremont PD is reporting an uptick in thefts from unlocked vehicles. Please keep your vehicles and property locked. Report any suspicious activity at 603 895 2229 or call 911 in any emergency.

FRIENDS of the FREMONT LIBRARY



To help fund the Friends we are selling: Book bags large and small Friends' stickers and Fremont mugs

If you are interested in joining, please call the library 603 895 9543 or visit our link on the Library Page at *fremont.nh.gov* where you can download the membership form.

Friends of the Fremont Library will meet on March 12, 2024, at 3:30 pm.

ANNUAL EGG HUNT Sunday March 24

Join the Parks & Recreation Commission for the annual Easter Egg Hunt on Sunday March 24, 2024 at 12 noon at Ellis School, 432 Main Street in Fremont.

Join us to hunt for eggs, get your picture taken with the Easter Bunny and have some outdoor spring fun! Don't forget your Easter



COMMUNITY OPEN HOUSE to celebrate NEAL JANVRIN'S RETIREMENT

Join us on Friday April 5, 2024 from 4:30 to 7:00 pm in the Gym at Ellis school for a Retirement Open House to celebrate Neal Janvrin's combined 36 years of service to the Town of Fremont and the Fremont Police Department in a variety of different roles. Neal is retiring from the Select Board after 9 years in that role, as of the 2024 election, and is preparing for his next adventure.

There will be a presentation at 6:00 pm and you are welcome to drop in any time during the event. Light refreshments will be served.

If you have questions, want to help, or need more information, please contact Heidi Carlson at 603 418 4416 or https://doi.org/10.2016/ncarlson@fremont.nh.gov.

RABIES CLINIC

Saturday, April 13, 2024 8:30 am to 1:00 pm Fremont Highway Garage 113 Danville Road. Fremont NH

Services not limited to Fremont residents; anyone may attend.

Dogs must be leashed, and cats must be in carriers. Animals to remain in vehicle until it is time for their vaccine or microchip.

Please present certification of previous vaccination; otherwise, your animal will receive a one-year vaccine. The Town Clerk will be there to license your dogs as well. AVOID THE FINE and LICENSE ON TIME!

Email questions or for mor information contact Renee King at NHK9cop@comcast.net

SAVE THE DATE: SPRING BULKY DAY Saturday May 18, 2024

8:00 am to 12 noon at the Highway Shed. Watch for more details! The flyer will go in the mail in late April and the Town's website & FCTV are updated frequently!

LITTER FREE FREMONT

Fremont Parks & Rec is sponsoring "Litter Free Fremont" again this year. Help celebrate Earth Day with a roadside trash cleanup. Litter Free Fremont is running from Earth Day April 22nd until Saturday May 18th. Pick up road side trash and put it in the blue trash bags. Blue bags will be available at the Fremont Public Library, Fremont Town Hall and the Ellis School in April. Drop off the bags on Saturday May 18th from 8-noon at the Town Highway shed. (113 Danville Road) during Bulky Day.

Watch the website and FCTV bulletin board for updates of when we receive the bags and get them to the buildings for pickup. You can put them in your toter anytime if you have space, but the only drop-off date is Saturday May 18 during Bulky Day.

Every bag gets a raffle ticket. \$200 worth of raffles. Thank you for caring about our community!

MEMORIAL DAY PLANNING IS UNDERWAY NOW



We are in the process of planning for our Memorial Day

Parade and Ceremony Services which will take place on Sunday, May 26, 2024. Anyone wishing to participate, do a reading, provide transportation for a veteran, please reach out to us as soon as possible. For any Veteran who cannot walk the parade route and needs a ride, we also need to hear from you as soon as possible to find enough rides.

Please contact the Select Board's Office at 603 895 2226 x 303 for Jeanne and x 302 for Kathy. The Program is begin planned NOW and we need to hear from you soon!



TIME TO LICENSE YOUR DOG

2024 dog licenses are due by April 30th

A current rabies certificate is required, please email the Clerk's Office to inquire if the rabies certificate on file is still valid. You must license your dog before April 30th to avoid the initiation of a late penalty of \$1.00 per month. For your convenience, the license(s) can be mailed for and additional fee of \$1.00 per license, or you can license your dog(s) online by going to the Town Clerk page on the

Town's website at www.fremont.nh.gov and select E-Dog. If you no longer have your dog, please contact the Clerk's office so we can update our records accordingly. Any questions can be emailed to the Clerk's office. clerkcollector@fremont.nh.gov

CDC RESPRIATORY VIRUS GUIDANCE

Each year, respiratory viruses are responsible for millions of illnesses and thousands of hospitalizations and deaths in the United States. In addition to the virus that causes COVID-19, there are many other types of respiratory viruses, including flu and respiratory syncytial virus (RSV). The good news is there are actions you can take to help protect yourself and others from health risks caused by respiratory viruses.

This guidance provides practical recommendations and information to help people lower risk from a range of common respiratory viral illnesses, including COVID-19, flu, and RSV.

Preventing Respiratory Viruses

- Immunizations for Respiratory Viruses
- Hygiene and Respiratory Virus Prevention
- <u>Taking Steps for Cleaner Air for Respiratory Virus</u> Prevention
- Preventing Spread of Respiratory Viruses When You're Sick
- Masks and Respiratory Virus Prevention
- Physical Distancing and Respiratory Viruses
- Testing and Respiratory Viruses

What CDC knows

As the 2023-2024 fall and winter virus season ends, it's clear that the situation surrounding COVID-19 has changed. It is still an important health threat, but it is no longer the emergency that it once was, and its health impacts increasingly resemble those of other respiratory viral illnesses, including flu and RSV.

What CDC is doing

CDC released updated Respiratory Virus Guidance in response to the decreasing risk that COVID-19 poses to the population. This updated Guidance includes strategies to protect people at highest risk of getting seriously ill and provides actionable recommendations for people with common viral respiratory illnesses, including COVID-19, flu, and RSV.



FREMONT FOOD PANTRY

Items are needed to support families all year. Anyone who needs assistance from the Fremont Food Pantry should contact Renee at 603 244 1404 or Kim at 207 370 5096. The Food Pantry is located at Basement level in the Fremont Town Hall.

The next drop-in dates are Wednesday March 20 from 6 to 7 pm; and Friday April 5 from 9 to 10 am.

The best way to donate to those in need of Pantry services is with a supermarket gift card or check. Monetary/card donations can be dropped off at the Town Hall drop box or mailed in care of the Select Board's Office to PO Box 120, Fremont NH 03044-0120.



ROCKINGHAM

NUTRITION & MEALS ON WHEELS

Ray-Fre Senior Center 64 Main Street Raymond NH 603 895 3258

Luncheons

Served Tuesday & Thursday. Join us in the Ray-Fre Senior Center to eat a healthy meal and meet new people. Call 603 895 3258 to reserve your seat. Reservations are required 48 hours in advance, see nearest location for phone numbers. A donation of \$3.00 per meal is suggested, but not required.

Home Meal Delivery

Is eating right a concern for you? We offer home delivery of meals. It may be a good option for you. With just a phone call to us, we will schedule a home visit or phone call (during Covid-19) with one of our local program managers. If a good fit, we can have the meals delivered within a few days. Special diets are available.

Transportation

We have transportation for adults 60 years of age and older available at several of our locations. Over 300 people currently ride with us. Rides are available from your home to the local luncheon or community center. There is also grocery, and other shopping trips, and rides to medical appointments. Reservations are required, see the transportation page for phone numbers. Contributions for rides are accepted, but not required.



CONTRACT EXTENSION

VIEW CONTRACT ON THE TOWN WEBSITE

The Select Board recently signed a contract extension for a 5-year term with Waste Management. Given the rate of inflation, the Board felt this was an economical decision and the new contract will include the distribution of a 64-gallon toter for recycling at each residence. Most Fremont residents recycle, and this will help alleviate multiple bins and keep recycling dry and secure. We are looking for voter support for Warrant Article 19.

Toters are scheduled to arrive later this year and as soon as we have more information, it will be posted here and on the website. In the meantime, if you need excess recycling bins, please use a laundry basket or Rubbermaid-type tote.

WASTE MANAGEMENT

Trash and Recycling Reminder

- All trash must be bagged before putting it in your toter.
- Trash and recycling should be at the curb by 6:00 am on your collection day.
- NO YARD WASTE is allowed for pickup. This includes grass clippings, leaves, and brush.
- NO HAZARDOUS MATERIALS are allowed for pickup.
- Trash will not be retrieved from sheds beside the road.
- No construction debris of any kind is accepted for pickup.

TOTER REPAIRS/REPLACEMENTS

ALL calls for toter repair/replacements must be reported to the Select Board's Office and WM is notified every Wednesday. The process could take up to two weeks from the time WM is notified. They receive our report weekly on Thursday.

AFTER you have called in for a repair, please leave toter near the street or where it is easily visible from the street, during the entire time it is pending repairs. You should continue to put it near the street on your designated pickup day. The repairs can take up to two weeks. We appreciate your patience.

For Toter Repairs: Call the Select Board's Office at 603 895 2226 x 302 or email kclement@fremont.nh.gov Please DO NOT call WM Customer Service for Toter repairs/replacements.

Remember to put your trash and recycling out every week. Saving either up for any period of time affects the collection and the route. *Please do both every week!*

KEEP UP TO DATE ON NEW HAPPENINGS IN TOWN!

SUBSCRIBE TO THE NEWSLETTER & OTHER TOWN INFORMATION!

Remember to sign up on the Town Website! You can choose to receive the Newsletter, Urgent Alerts, News & Announcements and Meeting Minutes!



On the Home Page under Citizen
Action Center

Select the Scribe to E-Alerts Enter your e-mail address

Then select the items you would like sent directly to your email.

Select I am not a robot Select Subscribe me

You will receive the items that you requested as they are updated on the Website. Subscribe today!

FCTV

Remember to follow our Town and School District's public meetings live or replayed on Cable Channels 8, 22 & 1073 (hi-def). In addition to the live broadcast of meetings on Channels 8, 22 & 1073. All meetings held in the Town Hall's basement meeting room are also aired LIVE on Vimeo. Follow this

link: https://vimeo.com/fctv22
This Vimeo link is our new permanent site for streaming. Just click on the 'FCTV Live' thumbnail (which will appear just prior to the meeting time) at the top of our Vimeo page to connect with the live stream.

FREMONT COMMUNITY TV



To submit a PPT slide to FCTV and get your notice or information published on the community bulletin board, send a Power Point slide to: FremontCTV@gmail.com.

To be sure your slide is clear and readable on screen, please use a font no

less than 24 points in your submission and keep it "short and sweet" so it can be read in an 8-12 second scroll on the channel.

FCTV CHANNEL 22

HIGH-DEFINITION CHANNEL 1073 RE-BROADCAST SCHEDULE

FCTV Coordinator Bill Millios has put together the weekly rebroadcast schedule for programming on FCTV. This schedule is being updated on the Town website and will be broadcast on the bulletin board. If you missed a meeting or certain broadcast, you would have a couple opportunities each week to watch it. You can always view meetings by clicking on the Vimeo link. The Vimeo library is only maintained for a couple of months due to storage restrictions with our account.

Sunday

6:00 am - Cable Committee

9:00 am - Faith for Today

10:30 am - Raymond Baptist Church

1:00 pm - Cemetery Trustees

4:00 pm - Conservation Commission

7:00 pm - Select Board

10:00 pm - Parks & Recreation Commission

Monday

6:00 am - Cable Committee

7:00 am - Cemetery Trustees

10:00 am - Planning Board

1:00 pm - Zoning Board

4:00 pm - Conservation Commission

10:00 pm - Parks & Recreation Commission

Tuesday

7:00 am - Cemetery Trustees

10:00 am - Select Board

1:00 pm - Planning Board

4:00 pm - Parks & Recreation Commission

10:00 pm - Conservation Commission

Wednesday

6:00 am - Cable Committee

7:00 am - Select Board

10:00 am - Cemetery Trustees

1:00 pm - Select Board

4:00 pm - Parks & Recreation Commission

10:00 pm - Zoning Board

Thursday

7:00 am - Cemetery Trustees

10:00 am - Planning Board

1:00 pm - Conservation Commission

4:00 pm - Planning Board

10:00 pm - Select Board

Friday

7:00 am - Zoning Board

10:00 am - Select Board

1:00 pm - Planning Board

4:00 pm - Conservation Commission

7:00 pm - Select Board

10:00 pm - Parks & Recreation Commission

Saturday

7:00 am - Zoning Board

10:00 am - Select Board

1:00 pm - Cemetery Commission

4:00 pm - Planning Board

7:00 pm - Open TBA Programming

10:00 pm - Open TBA Programming

NEWSLETTER DEADLINE

Deadline for submittal is the 15th of each month for publication in the following month. Please send all submissions to hcarlson@fremont.nh.gov

FREMONT'S JUST IN CASE PROGRAM

The Just in Case Program is a comprehensive town-wide registry of patients diagnosed with Alzheimer's disease and other dementiarelated disorders. As its name might suggest, the Just in Case Program functions as an emergency tool in the event that an individual wanders and becomes lost or disoriented. Fremont Police officials may then refer to the Just in Case database for easy identification in order to provide a quick and safe return of that individual.

This program is also used to identify people in our community living with mental or physical disabilities. Registration in this program alerts the police to a person's diagnosis and emergency contact, as well as what both calms and triggers the individual, so police officers can better respond to a person's individualized needs

during an encounter.

How to register

Family, friends, and caregivers interested in registering someone in the Just In Case program with the Fremont Police Department may do so by downloading the Just In Case registration form at the Fremont Police Department website located

at https://www.fremont.nh.gov/police-department/pages/forms, filling it out and emailing it to rbarbosa@fremontnhpd.com.

You can also mail the physical form to the Fremont Police Department at 425 Main Street Fremont, NH 03044 or drop it off in person at the same address. We would encourage providing a photo in the email or a physical photo along with the form if it is mailed or dropped off. Including the photo, like the rest of the form and program is completely voluntary and optional.

NEW HAMPSHIRE 911 CARES

DID YOU KNOW? New Hampshire 911 CARES is a program which allows individuals to register specific medical conditions under their phone number.

That way if you ever needed to call 911 from one of the registered phone numbers, the 911 dispatcher would be able to see the name. address, and medical condition of the CARES Individual and relay that information to first responders before they arrive on scene. When a phone call is received from a telephone number associated to a CARES Individual, the medical condition(s) and other information submitted by the account holder is displayed on the 911 computer screen and can be shared with first responders so they can have a better understanding of the emergency situation before they even arrive on scene.



FIRST RESPONDERS

The 911 CARES database can be accessed at cares.desc.nh.gov or by calling our business line at 603-271-6911, option 4

SEEKING PARKS & RECREATION COMMISSION VOLUNTEERS!

The Town of Fremont has two more appointment member positions to its Parks & Recreation Commission available and looking for your energy and ideas! We are looking for two dedicated community members who are interested in recreational activities for residents of all ages, to volunteer for the new vacancies on the Fremont Parks & Recreation Commission.

Questions can be directed to Parks & Recreation Commission Chair Michelle Gallant via email at fremontnhprd@gmail.com or to Heidi Carlson at the Town Offices at 603 895 2226 x 301.

Interested candidates should plan to attend a meeting to see how operations work and talk with the Commission. Interested candidates should send a letter of interest outlining pertinent interests and qualifications to fremonthhord@gmail.com as soon as possible. Please include all of your contact information.

LAMPREY HEALTH CARE MOBIL F **HEALTH SERVICES**

Lamprey Health Care offers Mobile Health Services. They do weekly visits at the Deerfield Town Offices, 8 Raymond Rd, Deerfield NH on Fridays, 9:00 am to 12:00 pm. No appointments are needed, just drop in. They offer a variety of services; you can call them at 603 895 3351.

Select Board's Office VM x 301 Heidi x 303 Jeanne and x 302 Kathy
Tel: 603 895 2226 Fax:603 895 3149
Mon & Fri: 8:00 am to 12 noon
Tues & Wed: 8:00 am to 4:00 pm
Thurs: 9:00 am to 5:00 pm
hcarlson@fremont.nh.gov
invgren@fremont.nh.gov
kclement@fremont.nh.gov

Tax Collector / Town Clerk 603 895 8693 VM x 307 Monday 9:00 am to 12 noon Tuesday 8:00 am to 12 noon Wednesday 3:00 to 7:00 pm Thursday 9:00 am to 5:00 pm Friday 9:00 am to 12 noon clerkcollector@fremont.nh.gov

Bldg & Planning 603 895 3200
Building Inspector VM x 309
Weekdays 7:30 am to 1:00 pm and otherwise by appt (in and out for insp)
buildinginspector@fremont.nh.gov

Planning & Zoning VM x 306 Generally Tuesday & Thursday 11:00 am to 4:00 pm and by appointment. landuse@fremont.nh.gov

Welfare by appt call 603 512 5455 Herb and email forms to htardiff@comcast.net

The Fremont Newsletter Select Board's Office PO Box 120 Fremont NH 03044-0120

We're Building Community

CHECK THE WEBSITE FOR ALL OF THE MOST UPDATED TOWN INFORMATION:

www.Fremont.nh.gov

Please send email for the Newsletter

to: hcarlson@fremont.nh.gov

Town & Department Contacts
EMERGENCY dial 9 1 1
Police Department 603 895 2229
Fax 603 895 1116
Mon – Fri 8:00 am to 4:00 pm

Fire Rescue Business 603 895 9634 Rock County Disp 603 679 2225

Highway Dept - Road Agent Leon Holmes Jr 603 300 7430

Fremont Public Library
Tel 603 895 9543 Fax 603 244 1724
Monday 10:00 am to 4:00 pm
Tue & Thur 1:00 to 7:00 pm
Wed & Fri 9:00 am to 5:00 pm
Sat 9:00 am to 2:00 pm

Ellis School 603 895 2511 sau83.org SAU # 83 603 895 6903 Fax 603 895 6905 432 Main Street Fremont NH

Food Pantry Renee 603 244 1404 or Kim 207 370 5096 DROP IN DATES: Weds 2/21 and 3/20 6-7 pm

Post Office 603 895 2094 Mon - Fri 9:15 am - 12:15 pm & 1:15 - 4:15 pm Sat 8:30 to 11:00 am

FAA fremontathletics@yahoo.com www.fremontathleticassociation.org

Deadline for submittal is generally the 15th of each month for publication in the following month. No opinion pieces will be accepted. Submissions may be edited for clarity and/or due to space constraints.

Deadlines are also available on the monthly MEETINGS CALENDAR page of the Town's website. Trash Pickup & Recycling – Waste Management of NH 800 847 5303 or Select Board's Office 603 895 2226 x 303 Jeanne or x 302 Kathy

2024 MEETING SCHEDULES Fremont Town Hall

Conservation Comm 6:30 pm Apr 1 May 6 FCTV Committee 6:30 pm Mar 18 May 20 7:00 pm Planning Board Mar 20 Apr 3, 17 Select Board 6:30 pm Mar 14, 21, 28 Apr 4, 11, 18, 25 Zoning Board 7:00 pm Apr 23 May 28 **Cemetery Trustees** 4:00 pm Apr 10 Parks & Recreation 6:15 pm Apr 9 May 14

Fremont Public Library Library Trustees 5:45 pm Mar 20

Supervisor of Checklist & Select Board At Polls Mar 12, 2024 7 am - 8 pm

Friends of the Library 3:30 pm Mar 12

ECR
Presorted Standard
US POSTAGE PAID
Fremont NH 03044
Permit NO. 5

RESIDENT OR BOXHOLDER

FREMONT NH 03044