



September 2022

# THE FREMONT NEWSLETTER

*We're Building Community*

## WE ARE OPEN! TOWN CLERK TAX COLLECTOR hours

Tuesday 7:30 am – 3:00 pm

Wednesday 3:00 – 7:00 pm

Thursday 9:00 am – 5:00 pm

Friday 9:00 am – 12:00 pm

**CLOSED on Mondays through Labor Day**

The Town Clerk Tax Collector's Office REOPENS on Mondays beginning Monday September 12, 2022. Monday hours are 9:00 am to 12 noon.

**ALL TOWN OFFICES ARE CLOSED on MONDAY September 5<sup>th</sup> in observance of Labor Day. Trash pickup is delayed ONE DAY. Thursday collections are Friday, Friday collections are Saturday.**

The Town Hall is OPEN for normal posted hours for all offices. Capacity of 4 in the lobby (at Town Clerk or Select Board counters and waiting).

We have been successfully able to complete nearly all Town business online, via phone and email, and will continue to do so. You are also welcome to visit us during any open office hours. We are happy to make arrangements to meet you outside if needed or provide for a remote pickup/drop off option.

The Town's website is the most up to date location to get information. We have posted "how to" for the most common municipal transactions, and you are free to call, email, mail, and use the drop box for various transactions. Click on this link to take you to the virtual "HOW TO" for Town transactions from the home page of our website:

<https://www.fremont.nh.gov/home/news/covid-19-updates>

### OTHER CLOSURES:

Land Use and Building Offices CLOSED on September 13

Building Inspector CLOSED for Training on September 14

Land Use Office CLOSED for Training on October 6

## NEW HAMPSHIRE STATE PRIMARY

NH State Primary Voting will take place on Tuesday, September 13, 2022 at Ellis School, 432 Main Street in Fremont. Polls are open from 7:00 am to 8:00 pm.

The following Offices will be voted upon:

Governor, United States Senator, Representative in Congress, Executive Councilor, State Senate, County Officer, State Representative, Delegate to the Republican State Convention.

This is the link to the application for absentee ballot:

<https://www.sos.nh.gov/elections/voters/absentee-ballots/request-absentee-ballot>. This is also available on our website.

**Regarding Absentee Voting:** Please note that the statutes, executive orders and guidance in place for the 2020 elections specific to COVID 19 and obtaining an absentee ballot have expired.

A person can register and vote by absentee if, based on their own health circumstances, medical authorities advise them to avoid going out in public. This applies to:

- 1) voters with symptoms of a communicable disease or illness.
- 2) voters who, due to their own health circumstances, limit public exposure in their day-to-day life as a preventative measure.

These two types of voters can reasonably conclude that a "physical disability" exists within the meaning of RSA 654:16 and 654:17, absentee registration and RSA 657:1, absentee voting.

You can mail, fax, email or drop completed absentee ballot application forms in the drop box and the Clerk's Office will send your ballots out ASAP. If you don't have access to a printer and need these applications mailed to you, contact the Clerk's Office or pick one up at Town Hall. Returned absentee ballots must be received by Election Day; September 13<sup>th</sup> for the State Primary Election and November 8<sup>th</sup> for the State General Election, by 5:00 pm.

**Completed ballots MUST be submitted in person or mailed, they cannot be accepted via the drop box.** The Clerk's Office will be open in addition to normal hours on Monday September 12<sup>th</sup> for the State Primary Election and Monday November 7<sup>th</sup> for the State General Election from 3-5 pm for absentee ballot processing only.

Pre-election testing of the electronic ballot counting device for the upcoming NH Primary will take place on the first floor of the Town Hall, 295 Main Street, Fremont, at 4:30 pm on Wednesday September 7, 2022. Contact the Town Clerk with any election questions.

## SUPERVISORS OF THE CHECKLIST

You may **NOT** change party affiliation on Election Day. **Undeclared** voters **MUST** declare a party on Election Day and will be able to change back to **Undeclared** after they have voted if they choose to.

You may register to vote on Election Day or dates listed on the back page of this Newsletter.

**Please bring proper identification and proof of residency.**

Not sure of your party affiliation? Please go to:

<https://app.sos.nh.gov/viphome>

## WHAT'S HAPPENING WITH MY ELECTRIC BILL?

The Town of Brentwood and the Brentwood Library are hosting a discussion with the experts on the rising costs of electricity. Join them at the Mary Bartlett Memorial Library at 6 pm on Monday August 29<sup>th</sup>. A Zoom link will also be available from the Brentwood Library facebook page, and they will post the video for later viewing as well. Experts from the NH Department of Energy, NH Office of Consumer Advocate and Eversource will be there and a Q & A section is also planned.

The Select Board will meet at Ellis School, 432 Main Street in Fremont, throughout the polling hours on Tuesday September 13, 2022 beginning at 7:00 am. Board members will tend to Town business as needed throughout the day, and will assist with end of evening closing duties as well.

## ANNUAL HAZARDOUS WASTE DROP-OFF DAY

The annual regional Hazardous Waste Disposal Day will be held at the Brentwood Highway Shed, 207 Middle Road, Brentwood

**Saturday September 24, 2022**

9:00 am – 12:00 noon

This important event is only held once a year, as part of our membership in the SRRDD 53-B Solid Waste District. Fremont residents are welcomed, but you **MUST** bring an ID verifying Fremont residency to enter the site!

See the flyer inside this newsletter for more details.

## FREMONT HISTORIC MUSEUM

The Fremont Historic Museum located at 8 Beede Hill Road invites you to drop by! The Museum hours are 11:00 am to 3:00 pm on the following Sundays:

Sept 11      Oct 9

Admission is always FREE. Special appointments can also be made by contacting FHS President Matthew Thomas at 603 895 4032.

The Museum is a great place to see and learn more about the history of Fremont with over 50 fascinating exhibits dating back to 1734.

## FREMONT FOOD PANTRY



Thanks to the many residents that have stepped up and donated many non-food items which is also a great help for families in need!

Items are needed to support families all year. Anyone who needs assistance from the Fremont Food Pantry should contact Renee at

(603) 244 1404 or Kim at (207) 370 5096. The Food Pantry is located at Basement level in the Fremont Town Hall. The best way to make a donation to those in need of Pantry services is with a supermarket gift card or check.

Monetary/card donations can be dropped off at the Town Hall drop box or mailed in care of the Select Board's Office to PO Box 120, Fremont NH 03044-0120.

## FALL BULKY DAY

Mark your calendar for this Fall Event! The annual Fall Bulky Day Drop off will be held on Saturday October 29, 2022 from 8:00 am to 12:00 pm at the Fremont Town Highway Shed 113 Danville Road, Fremont NH.

Fremont residents only, and you will need ID. A flyer will be mailed closer to event time, and information is available on the Town's website (Trash & Recycling page).



## FREMONT PUBLIC LIBRARY

Library Hours

Monday 10:00 am – 4:00 pm

Tuesday & Thursday 1:00 – 7:00 pm

Wednesday & Friday 9:00 am – 5:00 pm

Saturday 9:00 am – 2:00 pm

Please do not hesitate to call if you have any questions.  
That is what we are here for!

## FRIENDS of the FREMONT LIBRARY TOTE BAGS

The Fremont Friends of the Library are selling tote bags as a fundraiser. They come in large and small sizes and are available from any staff member during open hours at the Fremont Public Library.



## FREMONT PUBLIC LIBRARY'S FIFTH ANNUAL TOWN SCARECROW FESTIVAL

Saturday, September 24, 2022

11:00 am – 1:00 pm

Join us for free burgers and dogs!

We'll be showcasing community groups and some antique cars.

There will be games, facepainting and crafts for the little ones and fun for all!



- Build a scarecrow at your residence or work.
- Email a picture of the completed scarecrow to [fremontscarecrow@gmail.com](mailto:fremontscarecrow@gmail.com) along with your name and address.

- Visit the library to cast your vote for the best scarecrow!

## FRIENDS OF FREMONT LIBRARY LOOKING FOR A NEW PRESIDENT

This NH Nonprofit needs new Leadership. Its mission: To promote interest in the library and Community, improve Library Facilities and support Library Staff. If you are interested, we would love to hear from you. Please call Eric Abney, Library Director at 603 895 9543 or Joan Robinson, Friends Treasurer at 603 583 1542.

**In September we are conducting a membership drive. You can pick up an application at the Fremont Library or use the one found in this Newsletter.**

At our September 14<sup>th</sup> meeting at 3:30 pm held at the library, we will have our annual election for officers and directors.

To help fund the Friends we are selling Fremont mugs for \$30.00, book bags large \$15.00 small \$10.00, and Friends' stickers for a \$5.00 donation. These are available at the library.

***This fall we have a full lineup of wonderful programs being held in the library's conference room. All of the programs are free and open to the public.***

**September 27** (Tuesday) at 6:30 pm the NH Humanities-To-Go Program "Exemplary Country Estates of New Hampshire" will be presented by Cristina Ashjian. This program is funded by the New Hampshire Humanities.

**October 19** (Wednesday) at 6:30 pm the NH Humanities-To-Go Program "Songs of Emigration: Storytelling Through Traditional Irish Music" will be presented by Jordan Tirrell-Wysocki. This program is also funded by the New Hampshire Humanities.

**November 17** (Thursday) at 6:30 pm local history topic will be presented by Matthew Thomas, Fremont's Historian. Matthew is extremely knowledgeable about local history and very entertaining.

**December 8** (Thursday) at 7:00 pm The Concord Coachmen will present their Holiday Concert.

*Are you and your family attending one of the museums or tourist attractions like the Children's Museum or Castle in the Clouds? The Friends will reimburse you \$5.00 for each ticket purchased up to \$25.00. Simply drop off your receipt to the Library and the Friends will send you your reimbursement.*

For more information about the Friends or the upcoming programs please call 603 895 9543.

## BUDGET SEASON

Budget season is here again, Town Departments (2023) and the School District (2023-2024) are preparing their requests for the impending budget cycles.

The Budget Committee will hold meetings on the second and fourth Wednesdays for September and October in the basement meeting room at the Fremont Town Hall at 7:00 pm.

Wednesdays  
September 14, 2022  
September 28, 2022  
October 12, 2022  
October 26, 2022

## TRASH REMINDER

Your toter must allow the top to be fully closed in order for pickup. If you have bags sticking out or overflow, it will not be collected. Consider another recycling bin if you need space in your toter.

All trash must be bagged within the toter. Please use discretion when putting out recyclables. Plastics will blow in the wind, and paper that gets wet in the rain is NO longer recyclable.

**The most current dates, meeting schedules and information about the Town are on the website at [www.Fremont.nh.gov](http://www.Fremont.nh.gov)**

## DEPOT TRAIL IMPROVEMENT WORKDAY!

**Saturday, September 17, 2022 - 9 AM to noon**

### Project Description:

Applying and spreading mulch and wood chips to the trail surface to improve the walking/hiking surface, and overall beautification of the trail.



### Tools to bring for work:

Wheelbarrows  
Garden/landscape rakes and shovels  
Small plant pruning tools, (loppers, snippers)  
Work gloves

Join the Fremont Wheelbarrow Brigade!  
Ask your friends to pitch in!

Thank you!

Please email the Open Space Group contact Rich Cooper at [rcooper483@gmail.com](mailto:rcooper483@gmail.com) if you can join us!



## GET OUT IN THE WOODS! FREMONT HAS A BEAUTIFUL TRAIL SYSTEM!

### Join the Open Space Work Party List!

Trail maintenance is fun and rewarding work, but we need more help out there. If you are interested in helping, please sign up to be part of our Trail Work Party.

To sign up just send your email and contact information to Leanne Miner in the Land Use Office [landuse@fremont.nh.gov](mailto:landuse@fremont.nh.gov). If there is a big project or need for some extra help, we'll alert the Trail Work Party.



Fremont will celebrate  
Halloween

with Trick or Treat

on Sunday October 30, 2022

from 5:00 to 8:00 pm

## NEWSLETTER DEADLINE

Deadline for submittal is generally the 15<sup>th</sup> of each month for publication in the following month. No opinion pieces will be accepted. Submissions may be edited for clarity and/or due to space constraints. Please send all submissions to

[hcarlson@fremont.nh.gov](mailto:hcarlson@fremont.nh.gov)



## FLAG RETIREMENT BOXES

Blake Yaffe has completed the installation of Blake's Eagle Scout Project flag retirement boxes at the Fremont Town Hall and the Fremont Public Library. They are currently stationed at those locations and the first pickup for the collected flags took place on July 31 with a proper flag disposal ceremony held at the Fremont Highway Department on August 4<sup>th</sup>.



The boxes are both graced with a gold engraved plaque which reads: "It is prescribed that a flag to be retired from service, be burned by fire, to return to ashes to be returned to dust from which she was made, and that a new flag fly, to once again demonstrate the strength of our nation."

A big thank you to Blake Yaffe and his family for work on this Eagle Scout Project. Photo courtesy of Michael Yaffe and includes Blake and his fellow Scouts & Leaders from BSA Troop 136 in Epping NH.

## ROADS & THE RIGHT-OF-WAY

Obstructions in the Town's right-of-way are not permitted. Plantings, mulch, trees, rocks, and decorative pavers ARE NOT PERMITTED. These structures of any size obstruct drainage from the roadway and cause other road problems. The high amounts of winter snow will cause added drainage and runoff issues this spring. Please help keep the ROW area clear.

RSA 236:15 states that any building, structure or fence within or over any highway is a public nuisance. Please do not place any such items in the right-of-way as they are subject to being removed by the Highway Department. In general, the Town right of way is 13 feet on either edge of the paved surface. If you have any questions, please contact Road Agent Leon Holmes Jr at 603 300 7430.

## ARE YOU BEHIND IN PAYING YOUR MORTGAGE, PROPERTY CHARGES, OR UTILITIES BECAUSE OF COVID-19?

The NH Homeowner Assistance Fund provides assistance to eligible residents who are past due in paying their home mortgage, property taxes, home insurance, association fees, or utilities due to Covid-19 pandemic. Apply at [www.HomeHelpNH.org](http://www.HomeHelpNH.org)

### ELIGIBLE HOMEOWNERS

- Must have experienced a COVID-19 pandemic related reduction in income or increase in expenses that occurred after January 21, 2020 or began prior to but continued after that date.
- Must own and occupy, as their primary residence, the New Hampshire property for which assistance is requested.

- Must have income (s) of equal to or less than 125% of Area Median Income.

**ELIGIBLE PROPERTIES:** Must be owner-occupied or in the case of a land contract or contract for deed, occupied by the documented buyer. Eligible properties include:

- A single-family (attached or detached) properties
- Condominium units
- 1-4-unit properties where one of the units is the homeowner's primary residence
- Manufactured/modular homes permanently affixed to rest property and taxed as real estate
- Manufactured homes not permanently affixed to real property but with a Title Certificate or Statement of Ownership in the homeowner's name

### Contacts:

[HomeHelpNH.org](http://HomeHelpNH.org) for program details and to apply

**AHEAD** 800 974 1377 x 1014 [HomesAhead.org](http://HomesAhead.org) for application assistance, financial counseling, and other resources

**603 Legal Aid** 603 224 3333 [www.NHLegalAid.org](http://www.NHLegalAid.org) for assistance with immediate threat of foreclosures, tax deed or Sheriff's sale.



## FINANCIAL ASSISTANCE AVAILABLE FOR

## LOW-INCOME RESIDENTIAL WELL OWNERS IMPACTED BY DROUGHT, OTHER NATURAL DISASTERS

The New Hampshire Department of Environmental Services (NHDES) announces a new program to provide short-term relief and financial assistance for low-income residential well owners experiencing irreversible deterioration of water supply quantity or water quality caused by droughts or other types of natural disasters. The Water Assistance for Natural Disaster Impacts to Low-Income Residential Well Owners (WAND) program is funded by a \$500,000 grant from the Drinking Water and Groundwater Trust Fund (DWGTF).

In general, projects that restore the homeowner with a reliable and safe source of drinking water are eligible in this program, subject to review and approval by NHDES. This may include, if feasible, connecting the homeowner to a nearby existing community water system, rehabilitation of the well, or replacing the well. Additionally, recognizing that each well has unique water quality characteristics and challenges, capital costs to install treatment may be included as an eligible project cost.

The WAND program may also provide immediate short-term relief with a delivery of bottled water where available or financial assistance to purchase bottled water, if requested while residents are waiting for their well improvement project to be completed. The bottled water provision will terminate upon completion of the water supply well project; if the applicant is determined to be ineligible for financial assistance; or, at the discretion of NHDES.

To prove eligibility, applicants must demonstrate their low-income status and that a drought, natural disaster or extreme weather event as determined by NHDES has adversely affected the supply or quality of water from their private well. The affected well must be associated with the eligible applicant's primary residence that they own, and the issue must be verified by a licensed New Hampshire water well contractor and/or pump installer. Low-income eligibility and the amount of financial assistance available is determined based on family size and total household income. Information on

the [eligibility criteria](#) can be found on the DWGTF website and private well owners are encouraged to self-screen using these tables. Applications are available on the [DWGTF website](#). For more information, contact John Pasquale at [John.Pasquale@des.nh.gov](mailto:John.Pasquale@des.nh.gov) or (603) 271-7179.



## RECYCLE BEYOND the BAG

PLASTIC grocery bags, bread bags, case overwrap, dry cleaning bags, newspaper sleeves, ice bags, wood pellet bags, zip lock & other re-sealable bags, produce bags, bubble wrap, salt bags, and cereal bags can be recycled at the Town Hall. *All materials must be clean, dry and free of food residue.*

Recycle your household bags & wrap into Trex's Earth-Friendly Composite Decking and Railing! The drop off box is located in front of the Town Hall.

## SUBSCRIBE TO THE NEWSLETTER & OTHER TOWN INFORMATION!

**Remember to sign up on the Town Website!**  
You can choose to receive the Newsletter, Urgent Alerts, News & Announcements and Meeting Minutes!



On the Home Page under Citizen Action Center

Select the [Scribe to E-Alerts](#)  
Enter your e-mail address

Then select the [items you would like sent directly to your email](#).

Select [I am not a robot](#)

Select [Subscribe me](#)

You will receive the items that you requested as they are updated on the Website. Subscribe today!

## EVERSOURCE EVERSOURCE ENCOURAGES ENERGY EFFICIENCY STEPS AS GLOBAL COST INCREASES DRIVE SUPPLY PRICES TO ALL-TIME HIGHS

Immediate actions customers can take now:

1. Use the new [Cooling Calculator on Eversource.com](#). The tool helps customers understand how much electricity their current cooling system uses and the impact of small changes to temperature settings.
2. Keep air conditioners set at or near 78 degrees – a generally comfortable temperature that requires less energy to reach and maintain than cooler temperatures. For every degree higher on the thermostat, the air conditioner will use 1-3% less electricity.

**Additional tips for keeping temperatures and energy costs down:**

- Don't block air flow. Keep air vents clear of obstructions such as furniture, curtains, and rugs. For those with central air and floor vents, consider using vent deflectors to direct and increase the reach of cooled air.

- Operate major appliances during the cooler parts of the day. Energy is conserved by using appliances like clothes washers and dryers early in the morning or late in the evening when there is less demand on the electric system.
- Keep blinds closed when it's hot out to prevent unwanted heat from entering a home through windows. Using curtains, shades, and blinds can lower indoor temperatures by up to 20 degrees.
- Switch to ENERGY STAR® certified LED lights. The energy-efficient bulbs run cooler and last up to 25 times longer than incandescent lights.
- Set ceiling fans to rotate counterclockwise and at a higher speed in the summer to circulate the breeze more effectively, creating a cooling, wind chill effect. Remember to turn the fan off when leaving the room.
- Look for the ENERGY STAR rating when purchasing new appliances. Also, be sure to choose the right size when purchasing an air conditioning unit. An oversized or undersized AC unit is less effective and uses more energy.

Help is available for customers who need it:

Eversource encourages customers to enroll in one of its payment plans or assistance programs if they need help with their energy bill.

**Budget Billing Plan** – Customers can avoid seasonal spikes on their energy bill by paying a fixed amount each month based on their average annual usage through budget billing.

**Discount Rate** – Customers that meet certain income guidelines may qualify for a discount on their monthly bill.

**Flexible Payment Plans** – Payment Plans are available to all customers to pay their past-due balance over a period of time and protect from service interruptions.

**New Start** – Income-eligible customers can reduce or eliminate their enrolled, outstanding balance in as little as 12 months when they make on-time monthly payments and Eversource will make up the difference.

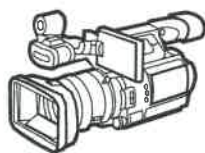
Regardless of financial need, customers are eligible for various payment programs and are urged to call Eversource at 844-273-7760 or visit [Eversource.com/bill](http://Eversource.com/bill) help to find the right plan for them. To learn about the many energy saving programs available, visit [Eversource.com](http://Eversource.com).

## FCTV

Remember to follow our Town and School District's public meetings live or replayed on Cable Channels 22 & 13. In addition to live broadcast of meetings on Channels 13 and 22, FCTV is also pleased to announce that all meetings held in the Town Hall's basement meeting room are also aired LIVE on the Internet on Vimeo. Follow this link: <https://vimeo.com/fctv22>

This Vimeo link is our new permanent site for streaming. Just click on the 'FCTV Live' thumbnail (which will appear just prior to the meeting time) at the top of our Vimeo page to connect with the live stream.

We continue to put a lot of information on the Town website as well as supplementing what is published on the FCTV Bulletin Board to keep residents updated with current events, office hours and such.



**To submit a PPT slide to FCTV** and get your notice or information published on the community bulletin board, send a Power Point slide to: [FremontCTV@gmail.com](mailto:FremontCTV@gmail.com).

To be sure your slide is clear and readable on screen, please use a font no less than 24 points in your submission and keep it "short and sweet" so it can be read in an 8-12 second scroll on the channel.





## FREMONT HISTORICAL SOCIETY INVITES NEW MEMBERS TO JOIN!

If you enjoy local history and discovering the truly fascinating and colorful heritage of Fremont - OLD POPLIN - then why not join the Fremont Historical Society?? We are looking for members who are genuinely interested in helping to research, write, preserve, and promote our town's incredible history. The time has come for new blood to join the Society and help it thrive well into the 21st Century.

The FHS was founded in 1966 and has done much over the past 55 years to preserve and educate residents about the many intriguing aspects of Fremont's colorful past. Won't you please help us continue that goal and consider joining the Fremont Historical Society, or possibly make a monetary donation towards keeping the society thriving and active?

As we all know, it takes many helping hands to make positive things happen within great communities, and this is a FUN, EDUCATIONAL, EXCITING WAY to learn about YOUR town and to love the GREAT community you live in. For any questions, or to join, please contact FHS President Matthew E. Thomas at 603 895 4032. Please leave your name and phone number and he will get right back to you in the event he is not home when you call.

## MOSQUITO CONTROL PROGRAM



The 2022 mosquito control season is off to a slow but potentially interesting start. So far, very few larvae have been found in Fremont's wetlands until now. In early April, the cold nights kept mosquito larvae populations down. We got rain in April that will provide more breeding habitats than in 2021. Recently we began to find early instar larvae in the secluded wetland pools. These were growing very slowly due to very cold surface water and are unlikely to be fully grown and flying until mid-May. The control permit has been approved now and treatment of these areas and surveillance of others will begin.

### Household Mosquito Breeding Locations

Did you know there are plenty of household mosquito breeding sites? Mosquitoes will lay eggs in containers that hold water for a week, even as little as an inch! Be sure to dump out standing water to prevent mosquito breeding at home! Common sources of stagnant water include:

- Bird Baths
- Ornamental Ponds
- Flowerpots, Planters and Watering Cans
- Clogged Gutters and Downspouts
- Wheelbarrows
- Buckets and Tarps
- Tires, Bottles, Cans and other Solid Waste
- Garbage Cans and Recycle Bins
- Kiddie Pools, Toys, and Sandboxes
- Boats, Kayaks, Canoes and Jet skis
- Untreated Pools and Pool Covers
- Be sure to check for pooling water near Gutter Downspouts, Outdoor Faucets and Hoses, AC Units, Swimming Pool Pumps, and Sump Pumps.

Treatment will depend on surveillance data, weather conditions and precipitation. Surveillance and treatment will continue through November 2022.

All residents requesting no treatment on their property can do so in writing to Northeast Vegetation and Mosquito Control, 326 Main Street, Unit 12 Fremont, NH 03044 or online at <https://www.northeastvmc.com/no-spray>.

Residents requesting a survey of mosquito breeding on their property can do so at <https://www.northeastvmc.com/resident-request>.

In the event of detection of Eastern Equine Encephalitis, West Nile Virus, or other arboviruses in mosquito populations, emergency adulticiding may be performed at schools, parks, and recreation areas. This will be determined by surveillance data, and in consultation with Town officials and NH DHHS.

Northeast Vegetation and Mosquito Control  
326 Main Street, Unit 12 Fremont NH 03044  
Office: 603 255 3782

[www.northeastvmc.com](https://www.northeastvmc.com)

### Mosquito Protection Tips

You can protect yourself from mosquito bites and reduce your risk of mosquito borne disease with a few simple preventative measures. See more at

<https://www.cdc.gov/easterequineencephalitis/gen/pre.html>

- Avoid outdoor activity at dusk and dawn, when mosquitoes are most active.
- Always wear DEET or other FDA recommended bug repellants. Clothing and camping gear can also be treated for long term protections. See the CDC guide for choosing a repellant here. <https://www.epa.gov/insect-repellents>
- Use mosquito netting to cover strollers and carriers to prevent bites on infants.
- Wear long sleeve clothing, especially when outdoors at dusk and dawn.
- Repair window screens and avoid leaving doors open to prevent mosquitoes from entering your home.
- Keep lawns mowed and perimeter brush cut short to reduce mosquito resting areas.
- Empty sources of stagnant water around your home.

NH DHHS Mosquito Testing Results:

<https://www.dhhs.nh.gov/dphs/cdcs/arboviral/results.htm>

## REGISTER NOW TO EARN AN ADULT HIGH SCHOOL DIPLOMA

The Exeter Adult Diploma program is now registering students for the Fall 2022 semester. This program is designed for students who did not complete high school but who would like to earn a diploma by taking courses in the evening similar to those taken by high school students. Classes are small and are offered Monday and Thursday evenings. Remote and in person courses are available.

Adults interested in this program should call the Adult Education office ASAP at 603 775 8457 to arrange an appointment.

Prospective students are asked to bring a copy of their high school transcript and certificates of any other training in order to evaluate how many credits they have already earned. In addition, older students may also qualify for work experience or military credits.

The selection of courses this semester includes: Mondays: Career and College Readiness and Writing for Authentic Audiences II. Thursdays: Biology with lab and Economics/Civics. Classes begin Thursday, September 8, 2022, and will meet in person. Limited scholarships are available thanks to the generous support of the Exeter Rotary Club and Exeter Lion's Club.

These courses are also open to adults who have completed high school but who also would like more background in a given subject area. Many adult students take these courses to prepare themselves for college courses. Anyone interested in taking courses in the Diploma Program should call as soon as possible, as these classes have limited enrollment, and pre-registration is required.

## FREE ENGLISH-ESL CLASSES FOR ADULTS

Exeter Adult Education welcomes non-native speakers of English to join English for Speakers of Other Languages (ESL) classes. Beginner through advanced English language learners can improve their English speaking, listening, reading, writing, grammar and pronunciation skills. Multiple levels of instruction are offered. In-person and remote instruction available. Participation in ESL classes provides a wonderful opportunity to meet other adults from around the world and to make new friends.

ESL classes are held at Exeter Adult Education at the Tuck Learning Campus, Entrance D, 30 Linden Street, Exeter. Classes for the Fall 2022 session begin Monday, September 12, 2022. NEW students need to register by appointment. Please call our office at 603-775-8457 for an appointment. Day classes are held Monday, Wednesday, and Friday mornings from 9:00 - 11:00 a.m. Additional instruction in reading or technology meets from 11 a.m. to 12 p.m. Evening classes meet Monday and Thursday from 6:30 - 9:00 p.m. Enrollment is ongoing throughout the semester. Classes are free!

## FREE ACADEMIC SKILLS & HIGH SCHOOL EQUIVALENCY CLASSES AT EXETER ADULT EDUCATION

The Fall session of academic skills and High School Equivalency preparation classes for adults will begin on Monday, September 12, 2022. Academic skills classes are for adults who did not complete high school or who need to improve reading, writing, or math skills for personal or professional growth.

Adult Academic Skills and HiSET Preparation Day classes meet on Monday, Wednesday, and Friday from 9:00 a.m. to 12:00 p.m. Evening classes meet on Monday and Thursday from 6:30 - 9:00 p.m. NEW students need to register by appointment. Please call our office at 603-775-8457 to schedule a registration appointment before the first day of class.

Some people come to school because they need a high school equivalency or other certification to get a job or to prepare for job training or college. Others want to be able to help their own children but need to improve their own skills first. Whatever the reason, it's not too late, and Exeter Adult Education staff can help each step of the way.

HiSET® (High School Equivalency Test) has replaced the GED in NH and many other states. Like the GED, it provides an opportunity to study for and earn a New Hampshire high school equivalency certificate. Exeter Adult Education is a HiSET® Testing Center. Academic Skills and HiSET classes are free. All classes meet at the Tuck Learning Campus, Entrance D, 30 Linden Street, Exeter. For more information regarding any of these classes, please call Exeter Adult Education at 603-775-8457 or visit our website at [adulted.sau16.org](http://adulted.sau16.org).

**The most current dates, meeting schedules and information about the Town are on the website at [www.Fremont.nh.gov](http://www.Fremont.nh.gov)**

## Save the Date: Wreaths Across America Ceremony Fremont Town Hall



Saturday December 17 at noon.

Toiletries for Veterans will be collected between Veteran's Day and the Ceremony (11/11 through 12/16) for delivery prior to the holidays.

Drop-off baskets will be at the Town Hall and Fremont Public Library.

## WHAT YOU CAN BRING:

- Oil Based Paints & Strippers
- Paint Thinner, Solvents & Stains
- Varnishes, Shellacs
- Fiberglass Resins
- Solvent Adhesives
- Lighter Fluid, Ether
- Anti-freeze, Engine Degreaser
- Carburetor Cleaner, Brake Fluid
- Transmission Fluid, Car Wax
- Straight Waste Oil
- Gasoline, Diesel, Kerosene
- Poisons, Insecticides
- Weed Killers, Mothballs
- Wood Preservatives
- Pest Strips, Flea Powder
- Photo Chemicals
- Furniture, Floor & Metal Polishes
- Oven, Toilet Bowl & Drain Cleaners
- Spot Removers, Dry Cleaning Solvents
- Septic Tank Degreasers
- Swimming Pool Chemicals
- Dry Cell Batteries
- Lead Compound, Mercury
- Acids, Alkali Bases
- Penta Brand Wood Preservative
- Pesticides containing 2-4-5T, Silvex
- Fluorescent Tubes

## FEES CHARGED FOR THE FOLLOWING:

- Televisions
- Computer Monitors
- Desktop PC's
- Notebook PC's
- Keyboards
- Printer/Scanner/Copiers

**Regional Household Hazardous Waste Collection Day**  
for the Towns of Fremont, Brentwood, Rye, Kensington, North Hampton and Sandown

**Saturday**  
**September 24, 2022**  
**Brentwood Highway Garage**  
**(Route 111A)**  
**207 Middle Road**  
**Brentwood NH**  
**OPEN 9:00 am**  
**to 12:00 noon**

***Your Drivers license is required as proof of residency. You MUST have an ID to attend!***

## HOW CAN I BE SAFE IN TRANSPORTING THESE HAZARDOUS MATERIALS?

Before transporting hazardous waste to the collection area, be sure that:

- The waste is in its original container.
- The containers are sound and not leaking. (If a container is leaking, place entire container into a larger container of the same type).
- Products are packed closely in a sturdy open box so they will not spill. Do not use plastic bags.

## NEVER MIX DIFFERENT MATERIALS!

Keep anti-freeze, waste oil, and other auto products separated.

***Quantity Limit per Car:***  
***10 gallons or 10 pounds.***

## WHAT NOT TO BRING:

- ~ Latex paint (Latex paint is not hazardous when dry.) Open cans of latex paint, leave open until all paint is dried out, then dispose of dried can and lid in the garbage. To aid in drying large amounts stir in some kitty litter).
- ~ Ammunition, Fireworks, Explosives
- ~ Radioactive Wastes
- ~ Gas Grills / Tanks
- ~ Infectious & Biological Wastes
- ~ Tires
- ~ White goods
- ~ Pharmaceuticals

## FOR MORE INFORMATION CALL:

Southeast Regional Refuse Disposal  
District 53-B  
(603) 964 5300

SPONSORED BY:

Southeast Regional Refuse Disposal  
District 53-B  
AND  
New Hampshire Department of  
Environmental Services



**FRIENDS OF THE FREMONT LIBRARY  
MEMBERSHIP APPLICATION**

**Name(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Town:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Telephone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Would you like to be called or emailed to help us with events?**

\_\_\_\_\_

**Would you be willing to serve on the Executive committee?** \_\_\_\_\_

**Membership:**      **Individual**      **(\$10)**      \_\_\_\_\_

**Family**      **(\$15)**      \_\_\_\_\_

**Corporation:** **(\$25)**      \_\_\_\_\_

**Additional Contribution**      \_\_\_\_\_

**Please make your check payable to FOFL or Friends of the Fremont Library**

**You may drop it off at the library or mail it to:**      **FOFL**  
   **7 Jackie Bernier Drive**  
   **Fremont, NH 03044**

**Thank you for your support.**

**Select Board's Office VM x 301 Heidi  
x 303 Jeanne and x 302 Kathy**  
Tel: 603 895 2226 Fax: 603 895 3149  
Mon & Fri: 8:00 am to 12 noon  
Tues & Wed: 8:00 am to 4:00 pm  
Thurs: 9:00 am to 5:00 pm  
[hcarlson@fremont.nh.gov](mailto:hcarlson@fremont.nh.gov)  
[jnygren@fremont.nh.gov](mailto:jnygren@fremont.nh.gov)  
[kclement@fremont.nh.gov](mailto:kclement@fremont.nh.gov)

**Tax Collector / Town Clerk**  
**603 895 8693 VM x 307**

Monday 9:00 am to 12 noon **as of  
September 12 (after Labor Day hol)**  
Tuesday 7:30 am to 3:00 pm  
Wednesday 3:00 to 7:00 pm  
Thursday 9:00 am to 5:00 pm  
Friday 9:00 am to 12 noon  
[clerkcollector@fremont.nh.gov](mailto:clerkcollector@fremont.nh.gov)

**Bldg & Planning 603 895 3200**  
**Building Inspector VM x 309**  
Weekdays 7:30 am to 1:30 pm and  
otherwise by appt (in and out for insp)  
[buildinginspector@fremont.nh.gov](mailto:buildinginspector@fremont.nh.gov)

**Planning & Zoning VM x 306**  
Generally Tuesday & Thursday 11:00  
am to 4:00 pm and by appointment.  
[landuse@fremont.nh.gov](mailto:landuse@fremont.nh.gov)

**Welfare by appt 603 867 3753**

**Town & Department Contacts**  
**EMERGENCY dial 9 1 1**  
**Police Department 603 895 2229**  
Fax 603 895 1116  
Mon – Fri 8:00 am to 4:00 pm

**Fire Rescue Business 603 895 9634**  
Raymond Disp 603 895 4222 Non-Em

**Highway Dept - Road Agent**  
Leon Holmes Jr 603 300 7430

**Fremont Public Library**  
Tel 603 895 9543 Fax 603 244 1724  
Monday 10:00 am to 4:00 pm  
Tue & Thur 1:00 to 7:00 pm  
Wed & Fri 9:00 am to 5:00 pm  
Sat 9:00 am to 2:00 pm

**Ellis School 603 895 2511**  
[sau83.org](http://sau83.org) SAU # 83 603 895 6903  
Fax 603 895 6905  
432 Main Street Fremont NH

**Food Pantry Renee 603 244 1404 or**  
Kim 207 370 5096

**Post Office 603 895 2094**  
Mon - Fri 9:15 am - 12:15 pm &  
1:15 - 4:15 pm Sat 8:30 to 11:00 am

**FAA [fremontathletics@yahoo.com](mailto:fremontathletics@yahoo.com)**  
[www.fremontathleticassociation.org](http://www.fremontathleticassociation.org)

**Trash Pickup & Recycling – Waste  
Management of NH 800 847 5303 or**  
**Select Board's Office 603 895 2226**  
**x 303 Jeanne or x 302 Kathy**

**2022 MEETING SCHEDULES**  
**Fremont Town Hall**

<b>Conservation Comm</b>	<b>6:30 pm</b>
Sep 12	Oct 3
<b>FCTV Committee</b>	<b>6:30 pm</b>
Sep 19	Nov 21
<b>Planning Board</b>	<b>7:00 pm</b>
Sep 7, 21	Oct 5, 19
<b>Select Board</b>	<b>6:30 pm</b>
Sep 1, 8, 15, 22, 29	Oct 6, 13
<b>Zoning Board</b>	<b>7:00 pm</b>
Sep 27	Oct 25
<b>Budget Committee</b>	<b>7:00 pm</b>
Sep 14, 28	Oct 12, 26
<b>Cemetery Trustees</b>	<b>4:00 pm</b>
Sep 7	
<b>Parks &amp; Recreation</b>	<b>6:15 pm</b>
Sep 6	Oct 11

**Fremont Public Library**  
**Library Trustees 5:45 pm**  
Sep 14 Oct 19

**Supervisor of Checklist**  
Aug 31 at 5:00 pm at the Library, is  
the last time to register to vote before  
Sept Primary). You can register on  
election day at the polls.

The Fremont Newsletter  
Select Board's Office  
PO Box 120  
Fremont NH 03044-0120

***We're Building Community***

CHECK THE WEBSITE FOR  
ALL OF THE MOST  
UPDATED  
TOWN INFORMATION:

[www.Fremont.nh.gov](http://www.Fremont.nh.gov)

Please send email for the  
Newsletter  
to: [hcarlson@fremont.nh.gov](mailto:hcarlson@fremont.nh.gov)

*Deadline for submittal is generally  
the 15<sup>th</sup> of each month for  
publication in the following  
month. No opinion pieces will be  
accepted. Submissions may be  
edited for clarity and/or due to  
space constraints.*

*Deadlines are also available on the  
monthly MEETINGS  
CALENDAR page of the Town's  
website.*

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**RESIDENT OR  
BOXHOLDER**

**FREMONT NH 03044**