#### September 2023

## THE FREMONT NEWSLETTER

We're Building Community

#### **TOWN CLERK TAX COLLECTOR**

Through September 8 the office is CLOSED on Mondays.

Tuesday 8:00 am – 12:00 noon Wednesday 3:00 – 7:00 pm Thursday 9:00 am – 5:00 pm Friday 9:00 am – 12:00 noon

Friday 9:00 am – 12:00 noon
Beginning Monday September 11: Open on Monday 9:00 am to
12 noon

The Town Hall is OPEN for normal posted hours for all offices. We are also happy to make arrangements to meet you outside if needed or provide a remote pickup/drop off option.

The Town's website is the most up to date location to get information. We have posted "how to" for the most common municipal transactions, and you can always call, email, mail, and use the drop box for various transactions.

#### OFFICE CLOSURES

All Town Offices will be closed on Monday September 4 in observance of Labor Day.

Trash and recycle collections will be delayed one day. Thursday will be Friday and Friday will be Saturday.

#### FIRST ISSUE TAX BILLS

Tax bills were due July 1, 2023. Payments can always be dropped off in the drop box or mailed in. You can also stop by during normal office hours if you want your receipt immediately or are paying cash. If you did not pay on time, you must contact the Collector for any interest due.

If you have any questions about your assessment or other property information, please call the Select Board's Office at 603 895 2226.

#### FREMONT ROAD BRIDGE - CHESTER



We have been informed by the Town of Chester that the planned work to replace the Fremont Road Bridge has been scheduled for Monday, August 14th (weather dependent could be pushed back if it continues to rain). Due to the nature of the work, that stretch of Fremont Road will be closed to through traffic for approximately two months and a detour utilizing Pheasant Run

Drive and Shepard Home Road will be necessary.

Please keep this in mind if you travel on Fremont Road through
Chester. There is NO PLACE to turn around, so watch the signs
and be ready to take the detour.



## FREMONT HISTORICAL MUSEUM OPEN DATES 2023

The Historical Museum 8 Beede Hill Road

The Fremont Historical Society is pleased to announce that the Historical Museum will be opened free of charge (as always) to the public from 11:00 am to 3:00 pm on the following dates:

#### September 10 October 8

Special appointments to open the Museum or the historic 1800 Poplin/Fremont Twin-Porch Meetinghouse (one of only two remaining in the United States) can do so by calling Matthew Thomas at 603 303 6383 for groups, individuals, or families that have special guests in town and wish to show off their town's unique heritage.



#### CLASSIC ROCK CONCERT

Saturday, Sept 9, 2023 4:00 - 7:00 pm Fremont Public Library

Fremont Parks & Recreation is pleased to present a free live rock n roll show on the front lawn of the Fremont Public Library.

The band, "George Belli and the Retroactivists" plays classic hits from the Beatles, Kinks, David Bowie and more. Bring a lawn chair or blanket. No alcohol is permitted on Town Property.

#### ANNUAL HAZARDOUS WASTE DROP-OFF

Brentwood Highway Shed 207 Middle Road, Brentwood Saturday September 16, 2023 9:00 am – 12 noon

This important event is only held once a year, as part of our membership in the SRRDD 3-B Solid Waste District. Fremont residents are welcome, but you MUST bring an ID verifying your Fremont residency to enter!

#### **BOY SCOUT EAGLE PROJECT**

Sunday, August 27, 2023 from 10:00 am to 2:00 pm Car Wash at the Fremont Public Library

This Car Wash is to fund a fire pit for Flag Retirement purposes.

Any donations made will go to this project.

### FREMONT FIRE RESCUE EMERGENCY DISPATCH

In ANY EMERGENCY DIAL 9 1 1
Fire Rescue Non-Emergency 603 895 9634
Dispatch Services have changed over to the Rockingham County
Sherriff's Department at 603 679 2225.



## YOU CAN TEXT 911 IN NEW HAMPSHIRE

#### When:

- If you are deaf, hard of hearing or have a speech disability.
- If you cannot speak due to an injury or medical condition.
- If you are in a dangerous situation and it's not safe to call.
- If you cannot make a call because of poor cellular service.
- If your battery is low.

#### How:

- Type 911 in the 'To' field
- Type a short description of the emergency.
- No pictures, videos, emojis or group tests.
- Type exact location of the emergency.
- Answer 911 call taker's questions.
- Be brief and concise follow instructions.
   Visit: 911.nh.gov for more information

#### FREMONT'S JUST IN CASE PROGRAM

The Just in Case Program is a comprehensive town-wide registry of patients diagnosed with Alzheimer's disease and other dementia-related disorders. As its name might suggest, the Just in Case Program functions as an emergency tool in the event that an individual wanders and becomes lost or disoriented. Fremont Police officials may then refer to the Just in Case database for easy identification in order to provide a quick and safe return of that individual.

This program is also used to identify people in our community living with mental or physical disabilities. Registration in this program alerts the police to a person's diagnosis and emergency contact, as well as what both calms and triggers the individual, so police officers can better respond to a person's individualized needs during an encounter.

#### How to register

Family, friends, and caregivers interested in registering someone in the *Just In Case* program with the Fremont Police Department may do so by downloading the *Just In Case* registration form at the Fremont Police Department website located

at  $\frac{https://www.fremont.nh.gov/police-department/pages/forms, filling it out and emailing it to <math display="block">\frac{rbarbosa@fremontnhpd.com}{rbarbosa@fremontnhpd.com}.$ 

You can also mail the physical form to the Fremont Police Department at 425 Main Street Fremont, NH 03044 or drop it off in person at the same address. We would encourage providing a photo in the email or a physical photo along with the form if it is mailed or dropped off. Including the photo, like the rest of the form and program is completely voluntary and optional.

#### **FOOD PANTRY DROP IN**

Anyone is welcome to drop in at the Food Pantry on Wednesday August 23, 2023, from 6:00 to 7:00 pm for supplemental food.

The Pantry is in the basement at Fremont Town Hall.

#### FREMONT FOOD PANTRY

Items are needed to support families all year. Anyone who needs assistance from the Fremont Food Pantry should contact Renee at (603) 244 1404 or Kim at (207) 370 5096. The Food Pantry is located at Basement level in the Fremont Town Hall. The best way to donate to those in need of Pantry services is with a supermarket gift card or check.

Monetary/card donations can be dropped off at the Town Hall drop box or mailed in care of the Select Board's Office to PO Box 120, Fremont NH 03044-0120.

### TOWN OF FREMONT NH PUBLIC HEARING NOTICE

In accordance with NH RSA 231:59-a the Fremont Select Board will hold a Public Hearing to discuss designation of a portion of Tavern Road (approximately 1,000 feet) in Fremont as an Emergency Lane. The hearing will be held at the Fremont Town Hall Basement Meeting room at 7:30 pm on Thursday August 31, 2023.

Repairs as needed may include removal of brush, repair of washouts or culverts, or any other work deemed necessary to render such way passable by firefighting equipment and rescue or other emergency vehicles. This declaration may be rescinded or disregarded at any time without notice. This section shall not be construed to create any duty or liability on the part of the Town of Fremont toward any person or property. Utilization of this section shall be at the sole and unfettered discretion of the Town and its officials, and no landowner or any other person shall be entitled to damages by virtue of the creation of emergency lanes, or the failure to create them, or the maintenance of them, or the failure to maintain them, and no person shall be deemed to have any right to rely on such maintenance. This section shall not be deemed to alter the classification or legal status of any highway or private way, or to limit or restrict the authority of towns to regulate the use of class VI highways pursuant to such statutes as NH RSA 41:11, RSA 236:9-13, and RSA 674:41, or to authorize any person to pass over any private way when permission has been denied. This section shall not be deemed to alter the duties or powers of any party under NH RSA 227-L concerning forest fires.

The Conservation Commission has put together a very informative presentation with significantly more detail about their work on the entire project, which is available on the Conservation Commission web page at <a href="https://www.fremont.nh.gov/conservation-commission/pages/application-and-permit-information">https://www.fremont.nh.gov/conservation-commission/pages/application-and-permit-information</a>

The Public is invited to attend. Written comments may be submitted until 5:00 pm the day of the hearing, dropped off in person at the Select Board's Office or emailed to hcarlson@fremont.nh.gov. The meeting can also be viewed on FCTV Channel 22 live or vimeo.

#### **NEWSLETTER DEADLINE**

Deadline for submittal is generally the 15<sup>th</sup> of each month for publication in the following month. No opinion pieces will be accepted. Submissions may be edited for clarity and/or due to space constraints. Please send all submissions to hcarlson@fremont.nh.gov

#### **BUDGET SEASON**

Budget season is here again, departments are preparing their requests for 2024 funding. The Budget Committee will have a meeting on Wednesday August 23, 2023. From that meeting they will look out to the fall season for scheduling, generally on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month. Other meetings are added as needed. They generally meet in the basement meeting room at the Fremont Town Hall at 7:00 pm.



#### **ROADS & THE RIGHT-OF-WAY**

Obstructions in the Town's right-of-way are not permitted. This includes various plantings, mulch, trees, rocks, sprinkler heads and decorative pavers. These structures of any size can obstruct drainage from the roadway and cause other road problems. The gravel shoulder adjacent to the paving of Town roads is there to process drainage from rain or snow that accumulates. Please help keep the ROW area clear.

Please also know that paving any driveway where it abuts a Town or State road needs a Town or State Driveway permit. For access on to a Town roadway, you can download the information sheet and permit from the Town's website. The form is simple and requires contact with and an inspection by the Town's Road Agent. You may contact him at 603 300 7430 with questions or to discuss your proposed project. Please don't assume the paving company got the permit until you verify that. The fee is \$65.00 and the Town's forms and further information are available at:

https://www.fremont.nh.gov/highway-department/pages/excavation-driveways

Driveways on State roads need permitting through the State of NH Department of Transportation. We do have their form at the Select Board's Office, and you may be able to download it from the NH DOT website.

RSA 236:15 states that any building, structure or fence within or over any highway is a public nuisance. Please do not place any such items in the right-of-way as they are subject to being removed by the Highway Department. In general, the Town right of way is 13 feet on either edge of the paved surface. If you have any questions, please contact Road Agent Leon Holmes Jr at 603 300 7430.

#### FREMONT HISTORICAL SOCIETY

September 12th 7:00 pm

The friends & members of the Fremont Historical Society will hold their next meeting on Tuesday, September 12 beginning at 7:00 pm in the Fremont Library Community Room. All interested are cordially welcome to attend! Free refreshments will be served.

There will be a short business meeting followed by a two-part lecture presentation on FREMONT'S HISTORIC ROLE IN THE CIVIL WAR (1861 & 1865) followed by THE 1874 ADVENT OF THE RAILROAD IN FREMONT & BUSINESSES IT BROUGHT TO TOWN.

This will be a fascinating look into Fremont's colorful past and how these two important events helped shaped the future history of our unique town. These two topics are central to the modern role Fremont played in the advancement of industrialization & growth within this small southeastern New Hampshire community.

Learn about the people, places & events that were associated with Fremont's role in the Civil War; learn about the significant competition with neighboring communities in getting the Worcester, Nashua, & Rochester Railroad route approved through Fremont over another proposed route through nearby Chester & Derry. Hear about the businesses, accidents, deaths, fires, train stations, tramp house, Railroad Covered Bridge, Presidential visits, and the Riot that all took place here because the W.N.&R. Railroad approved the route through Fremont instead of Chester! Don't miss this exciting talk by local historian Matthew E. Thomas.

The Fremont Historical Museum at 8 Beede Hill Road will be open on Sunday, September 10 between 11:00 am and 3:00 pm. Admission is free. Special appointments to see the Museum at other

times can be made by contacting Mr. Thomas at 603-303-6383. He, or other members of the FHS will be happy to accommodate you.



### DO YOU KNOW WHAT PERAMBULATIONS ARE?

Beating the bounds or perambulating the bounds is an ancient custom still observed in parts of England, Wales, and the New England region of the United States, which traditionally involved swatting local landmarks with branches to maintain a shared mental map of parish boundaries, usually every

seven years.

Perambulation, the noun; is the act of walking around, surveying land, or touring. In English law, its historical meaning is to establish the bounds of a municipality by walking around it.

This is a time-honored tradition still observed in much of New England and prescribed by law in NH Statute.

Perambulations are outlined in NH RSA 51:2 wherein the lines between towns need to be perambulated, marked and boundaries renewed every seven years.

Fremont has seven (7) neighboring towns that abut our boundary lines. We are currently trying to solicit individuals that may have an interest in helping with this task. It is not a significant time commitment but does involve being out in the woods and researching and documenting boundary markers.

If you are interested in helping or learning more, please contact the Select Board's office at 603 895-2226 x 301 to obtain additional information.



#### FREMONT PUBLIC LIBRARY

Library Hours
Monday 10:00 am – 4:00 pm
Tuesday & Thursday 1:00 – 7:00 pm
Wednesday & Friday 9:00 am – 5:00 pm
Saturday 9:00 am – 2:00 pm

The library has many activities weekly Junior Book Club, preschool story time and many other exciting activities!

Check out the library calendar on the Town Website!



## FREMONT PUBLIC LIBRARY'S SIXTH ANNUAL TOWN SCARECROW FESTIVAL

Sixth Annual Scarecrow Cookout September 23, 2023 11:00 am to 1:00 pm

Free burgers and dogs, fun games for the kiddos, face painting, community groups with informational tables, and the FREMONT LIBRARY ANTIQUE CAR SHOW.

We'll be showcasing some antique cars.



Come on down and join us for a great time!

#### MONTHLY READING GROUPS

SciFi / Fantasy Book Group will meet September 18 at 6:00 pm The Afternoon Reading Group will meet September 27 at 1:00 pm

#### CHILDREN'S EVENTS

Summer fun at the library continues in August! Each week there are drop-in programs and new books for every age.

Weekly happenings:

Tuesdays at 3:30 PM features a story and craft hour that is best for ages 5 and up.

Wednesday at 10 AM Preschool Storytime happens every with picture books, songs, rhymes and crafts.

Thursdays at 2 PM we have sensory/toy play (babies to kindergarteners).

Saturdays at 9:30 AM are a great time to stop in and see a family movie and create some Lego masterpieces in the community room.

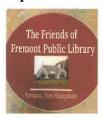
There are lots of other specialty programs happening throughout the month ~ All children's events can be found on the calendar at our website or paper copies in the library.

Come see us soon!!

#### FRIENDS of the FREMONT LIBRARY

The Next Friends meeting will be in September.

Who Are We? The Friends are all volunteers that advocate for the library. Tasks range from hosting book sales, bake sales or fundraising efforts to voicing support for the library or just spreading the word about the great services and value the library brings to our community. Our Friends apply for grants from the NH Humanities council in order to bring some programming to the library.





To help fund the Friends we are selling:

Book bags large and small Friends' stickers and Fremont mugs

If you are interested in joining, please call the library 603 895 9543 or visit our link on the Library Page at fremont.nh.gov where you can download the membership form.

#### DOG WARRANT

The ACO has issued Civil Forfeitures for any dog listed on the Warrant who was unlicensed as of June 22. A current rabies certificate is required, please email the Clerk's Office to inquire if the rabies certificate on file is still valid. If you have not already registered your dog(s) you are now three months late and a penalty will be assigned. Check with the Clerk for the total amount due before sending in or dropping off your license fees/fines in the drop box.

For your convenience, the license(s) can be mailed for an additional fee of \$1.00 per license, or you can relicense your dog(s) online by going to the Town Clerk page on the Town's website at www.fremont.nh.gov and select E-Dog.

If you no longer have your dog, please contact the Clerk's office so they can update their records accordingly. Any questions can be directed to the Clerk's office via email at

clerkcollector@fremont.nh.gov or 603 895 8693 x 307.

#### ROCKINGHAM

**NUTRITION & MEALS** ON WHEELS

Ray-Fre Senior Center 64 Main Street Raymond NH 603 895 3258

#### Luncheons

Served Tuesday & Thursday. Join us in the Ray-Fre Senior Center to eat a healthy meal and meet new people. Call 603 895 3258 to reserve your seat. Reservations are required 48 hours in advance, see nearest location for phone numbers. A donation of \$3.00 per meal is suggested, but not required.

#### **Home Meal Delivery**

Finding eating right a concern? We offer home delivery of meals. It may be a good option for you. With just a phone call to us, we will schedule a home visit or phone call (during Covid-19) with one of our local program managers. If a good fit, we can have the meals delivered within a few days. Special diets are available.

#### **Transportation**

We have transportation for adults 60 years of age and older available at several of our locations. Over 300 people currently ride with us. Rides are available from your home to the local luncheon or community center. There is also grocery, and other shopping trips. and rides to medical appointments. Reservations are required, see the transportation page for phone numbers. Contributions for rides are accepted, but not required.

#### KEEP UP TO DATE ON NEW HAPPENINGS IN TOWN!

#### SUBSCRIBE TO THE NEWSLETTER & OTHER **TOWN INFORMATION!**

Remember to sign up on the Town Website! You can choose to receive the Newsletter, Urgent Alerts, **News & Announcements and Meeting Minutes!** 



On the Home Page under Citizen **Action Center** 

Select the Scribe to E-Alerts Enter your e-mail address

Then select the items you would like sent directly to your email.

> Select I am not a robot Select Subscribe me

You will receive the items that you requested as they are updated on the Website. Subscribe today!



Blood

#### **BLOOD DRIVES**

American Legion Post 51 232 Calef Highway Epping, NH 03042

September 7, 2023 11:00 - 4:00 pm

**Raymond Baptist Church** 

145 Route 27 Raymond, NH 03077 September 8, 2023 12:00 noon - 5:00 pm

Appointments are needed. Schedule online or call 1-800-RED CROSS.



#### **TOTER REPAIRS/REPLACEMENTS**

Waste Management is no longer accepting phone calls for damaged or missing toters. ALL calls for toter repair/replacements must be reported to the Select Board's Office. Weekly on Wednesdays we send the list to WM for repair/replacements. WM Help Desk processes them on Thursdays and they begin filling them (everywhere) on Fridays. It can still take up to two weeks to get your toter repaired/replaced.

Please leave it near the street or where it is easily visible from the street, during the time it is pending repairs. You should continue to put it at the street on your designated pickup day.

For Toter Repairs: Call the Select Board's Office at 603 895 2226 x 302 or x 303

#### Please DO NOT call WM Customer Service for Toter repairs/replacements

Remember to put your trash and your recycling out every week. Saving either up for any period of time affects the collection and the route.

Please do both every week!



## RECYCLE BEYOND the BAG

Recycle your household bags & wrap into Trex's Earth-friendly composite decking and railing!

PLASTIC grocery bags, bread bags, case overwrap, dry cleaning bags, newspaper sleeves, ice bags, wood pellet bags, zip lock & other re-sealable bags, produce bags, bubble wrap, salt bags, and cereal bags can be recycled at the front of Town Hall.

All materials must be clean, dry and free of food residue.

#### PLANNING BOARD OPENING

We are saddened to report the sudden recent loss of Planning Board member Tim Lavelle. This has created an immediate opening for a new member on the Fremont Planning Board.

Contact Land Use Administrator Leanne Miner at 603 895 3200 x 306 or <a href="mailto:landuse@fremont.nh.gov">landuse@fremont.nh.gov</a> on Tuesdays and Thursdays.

Get involved in shaping Fremont's future!

The most current dates, meeting schedules and information about the Town are on the website at <a href="https://www.Fremont.nh.gov">www.Fremont.nh.gov</a>

## 2001 International Dump Truck and Equipment for Sale by Sealed Bid

The Town of Fremont is accepting sealed bids for the following used six wheel dump truck:

2001 International 4900 Series Dump Truck, current mileage 110,146 with eight (8) speed standard transmission and 11' front plow, 10' wing plow and six yard stainless steel sander installed. Truck has new oil pan and new air cans all installed in 2023. Runs good but not presently inspected as it needs rear springs.

Minimum bid \$6,500.00

Equipment used formerly by the Town of Fremont Highway Department. Truck is located the Highway Garage at 113 Danville Road in Fremont. As of Monday August 21, 2023 it can be viewed out front or by appointment. Questions can be directed to Road Agent Leon Holmes Jr at 603 300 7430.

Bids are due Thursday September 7, 2023 not later than 5:00 pm in the Select Board's Office at 295 Main Street (or by mail to PO Box 120) in Fremont NH 03044. Bids can be dropped off in the drop box after hours so as to be collected before 5 pm on September 7, 2023.

Bid should be sealed in an opaque envelope and clearly marked "INTERNATIONAL TRUCK BID." All items to be sold as seen as is, no warranty or guarantee.

Bids will be publicly opened and read at the next regular Select Board's Meeting. Bids will be accepted at such time as the Board has reviewed/vetted them. The Town of Fremont reserves the right to accept or reject any/all bids as deemed to be in the best interest of the Town of Fremont.

#### SAVE THE DATE

Fall Bulky Day is scheduled for Saturday October 21, 2023 from



8:00 am to 12 noon at the Highway Shed. Information will be posted to the Town's website shortly. Watch for updates, and a flyer in the mail as the date draws near.

## FREMONT SCHOOL BOARD FUTURE HIGH SCHOOL SEARCH UPDATE

Dear Fremont Community,

## Please click this link: <a href="http://bit.ly/3P1BmPs">http://bit.ly/3P1BmPs</a>

to view an update from the SAU 83 School Board regarding the ongoing Future High School Search. The presentation is also available on the FCTV Bulletin Board, Channel 22. Sincerely.

SAU 83 School Board



## New Hampshire Department of Health and Human Services

The New Hampshire Department of Health and Human Services has informed Fremont Health Officers that a mosquito collected by our mosquito surveillance contractor has been identified as positive for Jamestown Canyon Virus (JCV) in Fremont as of the end of June. The risk to our town is rated as low level by the State. Thanks to taxpayers' support, Fremont conducts active surveillance of mosquitos so we can be proactive and identify potential health concerns before humans or animals are negatively impacted and respond appropriately.

Refer to: https://www.cdc.gov/jamestown-canyon/index.html and https://www.dhhs.nh.gov/programs-services/disease-prevention/infectious-disease-control

These and other Informational sites can help you learn more about how to protect yourself and your loved ones from mosquito-borne illnesses.

The State of NH reported that a mosquito tested in Kingston showed positive for Jamestown Canyon Virus too. This week Fremont's did not. Our region is at a low-risk status.

The Health Officer has also let us know that NH DHHS is reporting a positive human case of the Powassan tick-born virus in Epping during the week of July 17<sup>th</sup>. As always, use caution and check people and pets after being outdoors!

#### MOSQUITO CONTROL PROGRAM

Fremont contracts with Northeast Vegetation and Mosquito Control to undertake mosquito control applications as needed. Sites include wetlands, marshes, drainage ditches, catch basins and floodwater areas. When found, crews will apply larvicides to control mosquito larvae. Larvicides used include:

Cocobear (Coconut & Mineral Oil) - EPA Reg. 8329-93 BVA-2 (Mineral Oil) - EPA Reg. 70589-1 Vectolex FG (Bacillus sphericus) - EPA Reg. 73049-20 Vectolex WSP (Bacillus sphericus) - EPA Reg. 73049-20

Vectobac G (Bacillus thuringiensis israelensis) - EPA Reg. 73049-10

Altosid P35 (Methoprene) - EPA Reg. 89459-95 Natular G (Spinosad) - EPA Reg. 8329-80

Treatment will depend on surveillance data, weather conditions and precipitation. Surveillance and treatment will continue through November 2022. All residents requesting no treatment on their property can do so in writing to Northeast Vegetation and Mosquito Control, 326 Main Street, Unit 12 Fremont, NH 03044 or online at <a href="https://www.northeastvmc.com/no-spray">https://www.northeastvmc.com/no-spray</a>. Residents requesting a survey of mosquito breeding on their property can do so at <a href="https://www.northeastvmc.com/resident-">https://www.northeastvmc.com/resident-</a>

request.

In the event of detection of Eastern Equine Encephalitis, West Nile Virus, or other arboviruses in mosquito populations, emergency adulticiding may be performed at schools, parks, and recreation areas. This will be determined by surveillance data, and in consultation with Town officials and NH DHHS.

Northeast Vegetation and Mosquito Control 326 Main Street, Unit 12 Fremont NH 03044

Office: 603 255 3782 www.northeastvmc.com

#### **FCTV**

Remember to follow our Town and School District's public meetings live or replayed on Cable Channels 22 & 13. In addition to the live broadcast of meetings on Channels 13 and 22, FCTV is also pleased to announce that all meetings held in the Town Hall's basement meeting room are also aired LIVE on the Internet on Vimeo. Follow this link: https://vimeo.com/fctv22

This Vimeo link is our new permanent site for streaming. Just click on the 'FCTV Live' thumbnail (which will appear just prior to the meeting time) at the top of our Vimeo page to connect with the live stream.

### FCTV CHANNEL 22 RE-BROADCAST SCHEDULE

FCTV Coordinator Bill Millios has put together the weekly rebroadcast schedule for programming on FCTV. This schedule is being updated on the Town website and will be broadcast on the bulletin board. If you missed a meeting or certain broadcast, you will have a couple opportunities each week to watch it. You can always view meetings by clicking on the Vimeo link. The Vimeo library is only maintained for a couple of months due to storage restrictions with our account.

#### Sunday

6:00 am - Cable Committee

9:00 am - Faith for Today

10:30 am - Raymond Baptist Church

1:00 pm - Cemetery Trustees

4:00 pm - Conservation Commission

7:00 pm - Select Board

10:00 pm - Parks & Recreation Commission

#### Monday

6:00 am - Cable Committee

7:00 am - Cemetery Trustees

10:00 am - Planning Board

1:00 pm - Zoning Board

4:00 pm - Conservation Commission

10:00 pm - Parks & Recreation Commission

#### Tuesday

7:00 am - Cemetery Trustees

10:00 am - Select Board

1:00 pm - Planning Board

4:00 pm – Parks & Recreation Commission

10:00 pm - Conservation Commission

#### Wednesday

6:00 am - Cable Committee

7:00 am - Select Board

10:00 am - Cemetery Trustees

1:00 pm - Select Board

4:00 pm - Parks & Recreation Commission

10:00 pm - Zoning Board

#### **Thursday**

7:00 am - Cemetery Trustees

10:00 am - Planning Board

1:00 pm - Conservation Commission

4:00 pm - Planning Board

10:00 pm - Select Board

#### **Friday**

7:00 am - Zoning Board

10:00 am - Select Board

1:00 pm - Planning Board

#### Friday (continued)

4:00 pm – Conservation Commission 7:00 pm – Select Board

10:00 pm - Parks & Recreation Commission

#### Saturday

7:00 am – Zoning Board 10:00 am – Select Board 1:00 pm – Cemetery Commission 4:00 pm – Planning Board 7:00 pm – Open TBA Programming 10:00 pm – Open TBA Programming

#### FREMONT COMMUNITY TV

FCTV has two channels and is a great opportunity to advertise local events to keep residents informed and up to date on what is happening in Fremont.



To submit a PPT slide to FCTV and get your notice or information published on the community bulletin board, send a Power Point slide to: FremontCTV@gmail.com.

To be sure your slide is clear and readable on screen, please use a font no

less than 24 points in your submission and keep it "short and sweet" so it can be read in an 8-12 second scroll on the channel.



## SEEKING PARKS & RECREATION COMMISSION VOLUNTEERS!

The Town of Fremont at its annual meeting approved two more appointment member positions to its Parks & Recreation Commission. We are looking for two dedicated and energetic community members who are interested in recreational activities for residents of all ages, to volunteer for the new vacancies on the Fremont Parks & Recreation Commission.

The new Commission will seat a total of seven members who plan and oversee recreation activities for youth and adults alike. The Commission generally meets monthly. They plan the popular holiday events around Easter, Memorial Day Parade, Halloween and Christmas. Volunteers should have some creative energy and be willing to work with other volunteers. They are looking to be able to offer more activities for differing age populations within the Fremont Community. Positions interact regularly with the Select Board's Office staff, park maintenance staff and the very involved FAA (who oversees recreational athletic teams in Fremont).

Commissioners prepare the annual budget and plans for field maintenance and upgrades as needed, working with the Select Board and maintenance staff.

Questions can be directed to Parks & Recreation Commission Chair Michelle Gallant via email at fremonthhord@gmail.com.

Interested candidates should plan to attend a meeting to see how operations work and talk with the Commission. Interested candidates should send a letter of interest outlining pertinent interests and qualifications to <a href="mailto:fremontnhprd@qmail.com">fremontnhprd@qmail.com</a> as soon as possible. Please include all of your contact information.



**ELLIS SCHOOL BEGINS** the new school year on Monday August 28<sup>th</sup>.

## SEPTEMBER is NATIONAL RECOVERY MONTH

This national observance educates Americans that substance use treatment and mental health services can enable those with a mental and/or substance misuse disorder to live a healthy and rewarding life.

National Recovery Month is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible.

#### Substance Use Treatment Locator findtreatment.gov

Behavioral Health Treatment Services Locator findtreatment.samhsa.gov

#### SAMHSA's National Helpline

1-800-662-HELP (4357) TTY: 1-800-487-4889

samhsa.gov/find-help/national-helpline

Learn at your pace.



The Exeter Adult Diploma program is now registering students for the Fall 2023 semester. This program is designed for students who did not complete high school but who would like to earn a diploma by taking courses in the evening similar to those taken by high school students. Classes are small and are offered on Monday and Thursday evenings.

Adults interested in this program should call the Adult Education office ASAP at 603 775 8456 to arrange an appointment with the Program Director. Prospective students are asked to bring a copy of their high school transcript and certificates of any other training in order to evaluate how many credits they have already earned. In addition, older students may also qualify for work experience or military credits.

The selection of courses this semester includes Mondays: Career and College Readiness and Reflective Writing. Thursdays: Biology with lab and Global Economics & Human Rights. Classes begin Thursday, September 7, 2023 and will meet in person. Limited scholarships are available thanks to the generous support of the Exeter Rotary Club and Exeter Lion's Club.

These courses are also open to adults who have completed high school but who also would like more background in a given subject area. Many adult students take these courses to prepare themselves for college courses. Anyone interested in taking courses in the Diploma Program should call as soon as possible, as these classes have limited enrollment, and pre-registration is required.

#### FREE ENGLISH-ESL CLASSES FOR ADULTS

Exeter Adult Education welcomes non-native speakers of English to join English for Speakers of Other Languages (ESL) classes. Beginner through advanced English language learners can improve their English speaking, listening, reading, writing, grammar and pronunciation skills. Multiple levels of instruction are offered. Inperson and remote instruction available. Participation in ESL classes provides a wonderful opportunity to meet other adults from around the world and to make new friends.

ESL classes are held at Exeter Adult Education at the Tuck Learning Campus, Entrance D, 30 Linden Street, Exeter. Classes for the Fall 2023 session begin Monday, September 11, 2023. NEW students need to register by appointment before September 8, 2023. Additional registration and start dates will be available throughout the year. Please call our office at 603 775 8457 or email exeteradulted.sau16.org for an appointment. Day classes are held Monday, Wednesday, and Friday mornings from 9:00 - 11:00 am. Additional instruction in reading or technology meets from 11 am to 12 pm. Evening classes meet Monday and Thursday from 6:30 - 9:00 pm. Enrollment is ongoing throughout the semester. Classes are free!

For further information or directions to the school, call Exeter Adult Education at 603 775 8457or visit our website adulted.sau16.org.



#### Be Aware of Water Quality Challenges and Risks After Heavy Rainfall

The above average rainfall New Hampshire has experienced this summer is causing our lakes

and rivers to swell, which creates hazards for our residents and visitors. Naturally, once the rain stops and blue skies return, people will want to recreate in the water, but be aware that the rains bring certain risks that remain even on "blue sky days," such as elevated levels of bacteria, including cyanobacteria, large amounts of debris, and swift currents.

#### **Elevated Bacteria**

Elevated levels of bacteria are likely in lakes and rivers where there has been high rainfall. Runoff from roads and parking lots can carry contaminants, such as nutrients and bacteria, into New Hampshire waters. You may also see oil slicks or large amounts of debris entering the waterbody from the excessive runoff, breached dams, and road or culvert washouts.

If you are in doubt, stay out of the water and wait for flood waters to recede and lake levels to come back down. Don't let children or animals play or swim in flooded areas. Contaminated water can result in skin rashes, sore throats, diarrhea or more serious problems. Being aware of the potential risks associated with flood waters and increased runoff can help you make informed decisions. NHDES' beach and lake monitoring programs are incapable of continuously testing every waterbody around the state to determine their suitability for recreation. For those locations we do monitor, the sampling is on a fixed schedule; conditions today may not be the same tomorrow.

If you are interested in sampling your private or public beach for Escherichia coli (E. coli) bacteria, use the <a href="MHDES Accredited">MHDES Accredited</a> <a href="Laboratory Search Tool">Laboratory Search Tool</a> to find a laboratory to assist you with collecting and testing your samples.

#### More Cyanobacteria Blooms

This summer has also brought a record number of cyanobacteria ("toxic algae") blooms and they have occurred earlier in the season. These blooms can be stimulated by high temperatures and high levels of nutrients associated with runoff. Contact with cyanobacteria can be unhealthy for people and potentially deadly for pets.

Watch for blooms and murkiness of water. Cyanobacteria blooms can look like scum, mats, spilled paint or paint chips that are blue, green, white, yellow or brownish. If you notice anything resembling cyanobacteria, refrain from wading, swimming or drinking the water, keep pets out, and report it to NHDES through the <a href="Cyanobacteria Bloom Report Form">Cyanobacteria Bloom Report Form</a>.

Always check the NHDES website for fecal bacteria and cyanobacteria beach and lake advisories before heading out, and subscribe to weekly healthy swimming updates issued by NHDES.

#### **Drinking Water Wells**

In some areas near lakes and rivers, groundwater wells, especially shallow "dug" wells, can become inundated by high water and ground saturation. When this happens, there is an increased risk of contamination of the drinking water well with bacteria. It is important to note that the water from a well may show no change in color or odor and still be unsafe to drink. If your well was flooded or if you have concerns about nearby flooding, you should get the water tested before consuming. Find a lab for private well testing.

#### Septic Systems

High waters in lakes and rivers can flood septic systems on shoreland properties. This can cause sewage to back up into the house or to discharge untreated to the surface water. In this situation, while the water levels are high, the homeowner can:

- Leave the structure vacant if it is not a primary home.
- Use the facilities at another house, office, gym, restaurant, etc.
- · Arrange for a port-a-potty.
- If the septic tank is above water and still intact, it can be used as a holding tank that will need to be pumped every 2-5 days depending on use.

If your system is flooded, wait 1-2 weeks for the leach field to dry out after the flood water recedes before using the system.

For questions, contact the Fremont Health Officer first, because they have the capacity to get on-site to look at a particular property. Homeowners should hire a licensed septic system designer for technical questions and system evaluations. Questions about permitting for replacement systems should be directed to NHDES at (603) 271-3501; ask for the "Reviewer of the Day." Questions about pump-outs and port-a-potties should be directed to Wade Pelham, Sludge and Septage Coordinator, at (603) 271-2818.

#### Repairing Damage

Many culverts and roads have been damaged by the storm. Any emergency work to repair this damage needs to be reported to NHDES if it is in a wetland area. More information is available at: Obtaining Authorization for Emergency Wetlands Impacts.

#### **Other Post-Flooding Considerations**

In flooded homes, the inside air can become unhealthy and create an environment for mold to grow. Inhaling mold can cause adverse health effects, including allergic reactions. Mold also can damage materials in your home. See EPA's Homeowners' and Renters' Guide to Mold Cleanup After Disasters for information on how to clean up after a flood and how to prevent indoor air problems.

Also, any food, or fruits and vegetables from your home garden, that have come into direct contact with flood waters can make you sick. Any such produce should be washed prior to eating.

#### **Bottom Line**

Be aware of the associated risks; do not swim or boat if the conditions appear to be unsafe; check the <a href="NHDES Healthy Swimming Mapper">NHDES Healthy Swimming Mapper</a> to know before you go; and report potential cyanobacteria blooms to NHDES through the <a href="cyanobacteria">cyanobacteria</a> reporting form.

For more information, please contact <u>Ted Diers, NHDES Water</u> <u>Division Assistant Director, at theodore.e.diers@des.nh.gov.</u>

For additional information regarding potential health impacts from flooding, please contact the DHHS Public Information Office at <a href="mailto:pio@dhhs.nh.gov">pio@dhhs.nh.gov</a> or 603-271-9389 to be connected with a subject matter expert.

#### Town of Fremont NH Request for Proposals Library Roof Stack Repair Work

The Town of Fremont is seeking qualified contractors interested in repair work on the stacks atop the Fremont Public Library Roof. The project is best described as maintenance, repair and painting of the two stacks located at the top of the Library Roof. The roof has recently been completely replaced and the selected contractor will need to work carefully to ensure that this work is maintained and remains in pristine condition throughout the balance of the roof repairs.

Trustees can provide Sherwin Williams brand paint information to be matched.

For information or follow-up questions about the scope of Library work or to schedule time to meet with someone on site, please contact John Hennelly, Library Trustee, at 603 770 4144.

#### **General Information**

Contractors are encouraged to see the layout of the building prior to making a proposal. All work is exterior work. Exterior of the Library building is plainly visible.

#### Scope of work includes:

- Price to include all necessary materials and labor to complete job. Please break out each tower separately and price for work done individually and combined. Please provide a detailed written proposal (inventory list) for all work to be completed at the building to include at a minimum:
  - Loose paint/stain and defective caulking removed
  - Scraping and Sanding of all peeling areas
  - Surfaces to be washed free of mildew and dirt
  - Gaps between adjoining wood/trim to be properly sealed/caulked
  - Sealing and priming surfaces as required prior to finish coat (s)
  - Replaced wood to be replaced with Certain Teed Restoration PVC to match existing
- 2. Work is to be guaranteed for a period of (4) years. Provide a written warranty.
- Any material used on site shall be disposed of at the Contractor's expense.
- Contractor to provide color chart to match existing color at the Fremont Public Library, with recommendation provided on paint.
- Detail any work not included in the proposal, and a cost per unit to fix and/or replace (such as missing boards or trim that needs replacement).
- Provide your estimated schedule and cost to complete this work if the award is made by October 1, 2023; with all work to be completed prior to the winter season (ie: 12/01/2023) if budgeted funds exist.
- Please provide your schedule (and alternate pricing if necessary) if work is to be completed in early spring of 2024 and is a budget item for the 2024 Town Meeting.
- Contractor should suggest improvements needed based on site examination as well as details on cost and options to cure.

ALTERNATIVELY: The Town is willing to consider complete removal of the stacks with a detailed proposal on how they could be removed, and the roof structure rebuilt, resecured, reshingled, etc in full. Please provide thorough information if this alternative is thought to be cost-effective for the long-term maintenance of the building.

Please outline a detailed proposal for all work including costs for all labor and materials; and include any other information the contractor feels are pertinent to the scope of work. Detail any other

items the Contractor deems as necessary, and clearly section out any/each part of your proposal. Please include three references for whom similar work has been performed.

If other trim areas need painting, please detail this work out separately. The final work plan will depend on budgeted funds and pricing to complete.

Successful Contractor will be required to provide the following to the Select Board's Office (295 Main Street – PO Box 120) upon award: full insurance documentation, with certificates naming the Town of Fremont as an additional insured; IRS paperwork for vendors. Contact the Select Board's Office for more information.

Please submit sealed proposals by mail to: Library Trustees, 7 Jackie Bernier Drive, Fremont NH 03044. Proposals can also be hand-delivered to the Fremont Public Library at 7 Jackie Bernier Drive in Fremont NH. Faxed or emailed proposals will not be accepted. The Library Trustees will review and compare proposals and further discuss with the Select Board at the next available meeting. If funds permit, the Town's goal would be to award bids as quickly as possible and to get the work done as quickly as possible.

Sealed proposals clearly marked **LIBRARY STACK BID** shall be received not later than Monday September 18, 2023 at 4 pm. Library Hours are Monday 10 am to 4:00 pm; Tuesday/Thursday 1:00 to 7:00 pm; Wednesday/Friday 9:00 am to 5:00 pm; Saturday 9:00 am to 2:00 pm. The Town of Fremont reserves the right to accept or reject any/all bids deemed to be in the best interest of the Town of Fremont.

After the bid opening, the Bidder may not amend, correct, modify or change in any fashion, a bid, which would be contradictory to the interests of the Town of Fremont or to fair competition. The Select Board may waive minor informalities, or allow the bidder to make corrections, as long as the intent of the bid is not disturbed.

The Town of Fremont reserves the right to request additional data or information or a presentation in support of written proposals. However, the Town may award a contract based on offers received, without additional submissions. Accordingly, the proposal should be submitted on the most favorable terms from all aspects, which the Bidder can submit. The Town reserves all rights to negotiate with the contractor of its choice based not solely upon cost alone, but on the qualifications and ability of the consultant to perform, consistent with the Town's intent, requirements, time schedule, and funds availability.

The following non-collusion clause shall be part of every bid specification package. Bidders must sign this statement in order for the bid to be valid:

"The undersigned certified under penalties of perjury that this bid is in all respects bona fide, fair and made without collusion or fraud with any other person. As use in this section the word "person" means any natural person, joint venture, partnership, corporation or other business or legal entity."

Name of person signing bid	Date
Company	

All contractors shall be aware of and follow as necessary, the Town's policies, available on the Town's website at <a href="https://www.Fremont.nh.gov">www.Fremont.nh.gov</a> on the Select Board's page. The submittal of a proposal considers that the contractor has reviewed and understands all applicable policies.

Fremont PD is reporting an uptick in thefts from unlocked vehicles. Please keep your vehicles and property locked. Report any suspicious activity at 603 895 2229 or call 911 in any emergency.

## TOWN OF FREMONT FULL-TIME HIGHWAY LABORER & EQUIPMENT OPERATOR IMMEDIATE OPENING

The Town of Fremont is seeking motivated and qualified applicants for a full-time Highway Department labor and equipment operator position. Position requires outdoor, all-weather labor and maintenance, snow plowing, and general highway operations work. Position reports to the Road Agent and is scheduled for a 5 day 40 hour work week, and must also be available for emergencies and winter weather (overtime) work. Interested candidates must have experience working with heavy equipment, operating snow plow and wing/sander equipment and a valid NH Driver's License CDL-B with air brake endorsement is required.

Fremont is a small rural community with approximately 44 Town highway road miles and a multi-tasked and active Department. Successful candidate will be a true self-starter, able to work independently as well as part of our small but highly dedicated team.

Interested candidates should submit a letter outlining interests and a resume outlining qualifications and pertinent work experience, along with three letters of reference to Heidi Carlson, Town Administrator, PO Box 120, Fremont NH 03044-0120 as soon as possible. Position will remain open until a suitable candidate is found. EOE. Pay is dependent on qualifications and the Town offers a generous benefit package including health, dental, disability and life insurances, as well as matching contributions to a 401-style retirement plan after one year of employment.

Job description available upon request at the Select Board's Office and on the Town's website. Questions can be directed to the Town Administrator at 603 895 2226 x 301 or <a href="https://ncarlson@fremont.nh.gov">https://ncarlson@fremont.nh.gov</a>; or to the Road Agent Leon Holmes Jr at 603 300 7430. Posted 08/17/2023

## ARE YOU BEHIND IN PAYING YOUR MORTGAGE, PROPERTY CHARGES, OR UTILITIES BECAUSE OF COVID-19?

The NH Homeowner Assistance Fund provides assistance to eligible residents who are past due in paying their home mortgage, property taxes, home insurance, association fees, or utilities due to Covid-19 pandemic. Apply at <a href="https://www.HomeHelpNH.org">www.HomeHelpNH.org</a>.

#### **ELIGIBLE HOMEOWNERS**

- Must have experienced a COVID-19 pandemic related reduction in income or increase in expenses that occurred after January 21, 2020 or began prior to but continued after that date.
- Must own and occupy, as their primary residence, the New Hampshire property for which assistance is requested.
- Must have income (s) of equal to or less than 125% of Area Median Income.

#### **ELIGIBLE PROPERTIES**

Must be owner-occupied or in the case of a land contract or contract for deed, occupied by the documented buyer. Eligible properties include:

- A single-family (attached or detached) property,
- Condominium units.
- 1–4-unit properties where one of the units is the homeowner's primary residence
- Manufactured/modular homes permanently affixed to rest property and taxed as real estate.

 Manufactured homes not permanently affixed to real property but with a Title Certificate or Statement of Ownership in the homeowner's name.

#### Contacts:

**HomeHelpNH.org** for program details and to apply. THERE IS NO END DATE TO THIS PROGRAM. Apply now if you think you may be eligible!

**AHEAD** 800 974 1377 x 1014 HomesAhead.org for application assistance, financial counseling, and other resources

**603 Legal Aid** 603 224 3333 <a href="https://www.NHLegalAid.org">www.NHLegalAid.org</a> for assistance with immediate threat of foreclosures, tax deed or Sheriff's sale.

## WHAT YOU CAN BRING:

- Oil Based Paints & Strippers
- Paint Thinner, Solvents & Stains
- Varnishes, Shellacs
- Fiberglass Resins
- Solvent Adhesives
- Lighter Fluid, Ether
- Anti-freeze, Engine Degreaser
- Carburetor Cleaner, Brake Fluid
- Transmission Fluid, Car Wax
- Straight Waste Oil
- Gasoline, Diesel, Kerosene
- Poisons, Insecticides
- Weed Killers, Mothballs
- **Wood Preservatives**
- Pest Strips, Flea Powder
- Photo Chemicals
- Furniture, Floor & Metal Polishes
- Oven, Toilet Bowl & Drain Cleaners
- Spot Removers, Dry Cleaning Solvents
- Septic Tank Degreasers
- Swimming Pool Chemicals
- Dry Cell Batteries
- Lead Compound, Mercury
- Acids, Alkali Bases
- Penta Brand Wood Preservative
- Pesticides containing 2-4-5T, Silvex
- Fluorescent Tubes

# FEES CHARGED FOR THE FOLLOWING:

- **Televisions**
- Computer Monitors
- Desktop PC's
- Notebook PC's
- Keyboards
- Printer/Scanner/Copiers

# Regional Household Hazardous Waste Collection Day

for the Towns of Fremont, Brentwood, Rye, Kensington, North Hampton and Sandown

Saturday September 16, 2023 Brentwood Highway Garage (Route 111A) 207 Middle Road Brentwood NH

OPEN 9:00 am to 12:00 noon

Your Drivers license is required as proof of residency. You MUST have an ID to attend!

# HOW CAN I BE SAFE IN TRANSPORTING THESE HAZARDOUS MATERIALS?

Before transporting hazardous waste to the collection area, be sure that:

- The waste is in its original container.
- The containers are sound and not leaking. (If a container is leaking, place entire container into a larger container of the same type).
- Products are packed closely in a sturdy open box so they will not spill. Do not use plastic bags.

# **NEVER MIX DIFFERENT MATERIALS!**

Keep anti-freeze, waste oil, and other auto products separated.

10 gallons or 10 pounds

Quantity Limit per Car:

## WHAT NOT TO BRING:

- Latex paint (Latex paint is not hazardous when dry.) Open cans of latex paint, leave open until all paint is dried out, then dispose of dried can and lid in the garbage. To aid in drying large amounts stir in some kitty litter).
- ~ Ammunition, Fireworks, Explosives
- ~ Radioactive Wastes
- ~ Gas Grills / Tanks
- ~ Infectious & Biological Wastes
- lifes
- ~ White goods
- ~ Pharmaceuticals

## FOR MORE INFORMATION CALL:

Southeast Regional Refuse Disposal District 53-B (603) 964 5300 www.SRRD53.com SPONSORED BY:

Southeast Regional Refuse Disposal
District 53-B
AND
AND
New Hampshire Department of

**Environmental Services** 

Select Board's Office VM x 301 Heidi x 303 Jeanne and x 302 Kathy Tel: 603 895 2226 Fax:603 895 3149

Mon & Fri: 8:00 am to 12 noon
Tues & Wed: 8:00 am to 4:00 pm
Thurs: 9:00 am to 5:00 pm
hcarlson@fremont.nh.gov
invgren@fremont.nh.gov
kclement@fremont.nh.gov

Tax Collector / Town Clerk 603 895 8693 VM x 307 Monday 9:00 am to 12 noon AFTER September 10th

Tuesday 8:00 am to 12 noon Wednesday 3:00 to 7:00 pm Thursday 9:00 am to 5:00 pm Friday 9:00 am to 12 noon clerkcollector@fremont.nh.gov

Bldg & Planning 603 895 3200
Building Inspector VM x 309
Weekdays 7:30 am to 1:00 pm and otherwise by appt (in and out for insp)
buildinginspector@fremont.nh.gov

Planning & Zoning VM x 306 Generally Tuesday & Thursday 11:00 am to 4:00 pm and by appointment. landuse@fremont.nh.gov

Welfare by appt call 603 512 5455 Herb and email forms to htardiff@comcast.net

The Fremont Newsletter Select Board's Office PO Box 120 Fremont NH 03044-0120

We're Building Community

CHECK THE WEBSITE FOR ALL OF THE MOST UPDATED TOWN INFORMATION:

www.Fremont.nh.gov

Please send email for the Newsletter

to: hcarlson@fremont.nh.gov

Town & Department Contacts
EMERGENCY dial 9 1 1
Police Department 603 895 2229
Fax 603 895 1116
Mon – Fri 8:00 am to 4:00 pm

Fire Rescue Business 603 895 9634 Rock County Disp 603 679 2225

Highway Dept - Road Agent Leon Holmes Jr 603 300 7430

Fremont Public Library
Tel 603 895 9543 Fax 603 244 1724
Monday 10:00 am to 4:00 pm
Tue & Thur 1:00 to 7:00 pm
Wed & Fri 9:00 am to 5:00 pm
Sat 9:00 am to 2:00 pm

Ellis School 603 895 2511 sau83.org SAU # 83 603 895 6903 Fax 603 895 6905 432 Main Street Fremont NH

Food Pantry Renee 603 244 1404 or Kim 207 370 5096 Drop in at Town Hall Basement Weds Aug 23 6-7 pm

Post Office 603 895 2094 Mon - Fri 9:15 am - 12:15 pm & 1:15 - 4:15 pm Sat 8:30 to 11:00 am

FAA fremontathletics@yahoo.com www.fremontathleticassociation.org

Deadline for submittal is generally the 15th of each month for publication in the following month. No opinion pieces will be accepted. Submissions may be edited for clarity and/or due to space constraints.

Deadlines are also available on the monthly MEETINGS CALENDAR page of the Town's website. Trash Pickup & Recycling – Waste Management of NH 800 847 5303 or Select Board's Office 603 895 2226 x 303 Jeanne or x 302 Kathy

2023 MEETING SCHEDULES Fremont Town Hall

Conservation Comm 6:30 pm Sep 11 Oct 2 FCTV Committee 6:30 pm Sep 18 Nov 20 Planning Board 7:00 pm Sep 6, 20 Oct 4, 18 Select Board 6:30 pm Aug 24, 31 Sep 7, 14, 21, 28 **Zoning Board** 7:00 pm Sep 26 Oct 24 Cemetery Trustees 4:00 pm Sep 13 Parks & Recreation 6:15 pm Sep 12 Oct 10

Fremont Public Library
Library Trustees 7:15 pm
Sept 14 meeting will be held at the
Town Hall to partake in Select Board
budget review

Supervisor of Checklist 7:00 pm Sep 5

Friends of the Library 3:30 pm Sep 12

ECR
Presorted Standard
US POSTAGE PAID
Fremont NH 03044
Permit NO. 5

RESIDENT OR BOXHOLDER

FREMONT NH 03044