

OCTOBER 2019



The Fremont Newsletter

We're Building Community

TOWN CLERK TAX COLLECTOR

WINTER HOURS

Monday 9:00 am – noon
Tuesday 7:30 am – 3:00 pm
Wednesday 3:00 – 7:00 pm
Thursday 9:00 am – 5:00 pm
Friday 9:00 am – noon

There are no delays or closures in Town Offices or trash collections around the Columbus Day holiday. During that weekend there is additional population on the North side of town surrounding the Grassdrag events on Martin Road.

LAND USE OFFICE CLOSED

The Land Use Office is **CLOSED**
Thursday September 26 & Tuesday October 1

BUILDING INSPECTOR CLOSED

The Building Inspector is **CLOSED** for training
October 8 & 9

Please schedule around these closures. The Inspector will not be doing any inspections during this time and will respond to emails and messages when he returns to the office.



NEW TOWN WEBSITE!!

The Town is very excited to announce the launch of our new website!

The website address will still be the same Fremont.nh.gov but with a whole new look.

Please be patient as staff continues to become proficient in the new editor and gets remaining items up to date.



FALL HIKES! SAVE THE DATES

The Open Space Group and the Fremont Conservation Commission are once again sponsoring some fall hikes in Fremont. The hike into Loon Pond has been canceled. There does not appear to be any public access anymore. Instead, we will preview the new Depot Trail Extension, which the

Open Space team has been working on this year.

On Sunday, October 20th at 1 PM we will gather at the Library, and head down the rail trail to the Depot Trail. The hike will be between 1 1/4 and 2 miles, depending upon the group and weather.

On Saturday, October 26th at 1 PM, we will gather at the Glen Oakes parking lot at the end of Andreski drive (107 to Copp Drive to Andreski). The final route is likely to include the Woodland trail,

and a short bushwhack to some glacial erratics on the north side of Forest Loop. This hike will be 1 3/4 to 2 1/4-mile-long, again depending upon the group and weather.

Both hikes should easily finish by 3 PM. Hope to see you out at one of our Fall hikes!

FREMONT PUBLIC LIBRARY'S SECOND ANNUAL TOWN SCARECROW FESTIVAL

1. Fremont Public Library will be hosting the Second Fremont Scarecrow Festival.
2. Stop by the library to register (it's free!)
3. Build a scarecrow at your Fremont residence or work
4. Email a picture of the completed scarecrow to fremontscarecrow@gmail.com along with your name and address.
5. We will post all the pictures at the library
6. Come in the library and vote for your favorite (one vote per person)
7. Winners will be announced Nov. 4th
8. First Place will get a Blue Ribbon, Second Place a Red Ribbon and Third a White Ribbon.
9. Winners will be posted on our Facebook page



FREMONT TRICK OR TREAT

Thursday October 31, 2019 5:00 – 8:00 pm
Be safe and have fun!

FALL BULKY DAY

Saturday October 19, 2019 8:00 am to 12:00 pm
Fremont Highway Shed, 113 Danville Road

Watch your mail for the informational flyer, and it will also be posted on the Town's website once complete. Anyone wishing to volunteer can email Heidi at FremontTA@comcast.net or leave a message with Jeanne or Kathy in the Selectmen's Office with your contact information and preferred shift.

SHARPS EXCHANGE PROGRAM

Exchange your full, sealed containers of sharps at Wentworth-Douglass Hospital on Thursday September 26 from 8:00 am to 6:00 pm. Anyone who uses syringes, needles, lancets or pen needles at home for routine medical care is eligible to sue the

Sharps Exchange Program. For more information:

wdhospital.org/events

Location: Wentworth Douglass Main Lobby
789 Central Avenue, Dover NH

FREMONT HISTORIC MUSEUM



There is one final Museum opening on Saturday October 12, 2019 from 10:00 am to 2:00 pm

The Fremont Historical Museum at 8 Beede Road will be open through the fall. Admission is FREE! We have a

nice exhibit showing significant events in Fremont's history so come on down and learn all about the Town.

The Museum is also open for special appointments if you can't make it during the usual months it is open. Call Matthew Thomas, FHS President, at 303 6383 for questions, or to make a special appointment.



FREMONT CHRISTMAS GIVING TREE

While Christmas seems a long way off and we don't want to rush the season, in order to make sure that every child in Fremont has a great Christmas again this year, we need to start planning for it now.

The Fremont Christmas Giving Tree is an annual community event sponsored by People's United Methodist Church of Fremont,

in partnership with the Town of Fremont and the Fremont Public Library, to brighten the holidays for Fremont residents who may need just a little bit of help.

If you are a family that needs some assistance from the **Fremont Christmas Giving Tree**, please contact Jodi Donahue at jodi_donahue@comcast.net or phone 734 2412.

Starting in mid-November, you can make someone's Christmas brighter by taking an "ornament" posted on the bulletin board at the Fremont Public Library or on the Christmas Trees at the Fremont Town Hall and People's United Methodist Church and purchasing the gift. Each ornament will have a requested gift from parents of children in our community who need our assistance. Simply take the ornament off the tree and purchase the gift and return it unwrapped to either the library or the church by December 14th. If you would like the gift picked up, please email Pastor@PUMCfremont.org

You can also help the **Fremont Christmas Giving Tree** by making a cash donation or by donating Christmas wrapping paper. Please make checks payable to People's United Methodist Church with "Christmas Giving Tree" in the memo line of the check. Checks should be mailed to People's UMC, PO Box 150, Fremont, NH 03044.

The Christmas Giving Tree has been successful over the years because of the generosity and loving kindness of our community. Last year 115 gifts were donated for our children – every gift requested was provided. In addition, you answered several appeals for help from the Fremont adult community. For more information, please contact Pastor Frank O. King at Pastor@PUMCfremont.org or call 895 9879.

DRUG TAKE BACK!

Saturday, October 26, 2019

10:00 am – 2:00 pm

Join us for National Drug Take Back
At the Fremont Safety Complex



BE AWARE OF SCAMMERS

It has been reported that scammers have been calling residents in a New Hampshire town claiming to be Town Employees and using the names of actual Town Employees. They are asking for banking information or other identifiable information.

While Fremont is currently going through a revaluation/recertification process required by the State, and we have sent out letters regarding recertification on income information, we will never require you to give it to us over the phone. PLEASE come and visit the Selectmen's Office or call us if you have any questions or are contacted in any way that does not seem usual to you.

You can reach any of us in the Selectmen's Office at 895 2226.

Heidi is at x 301, Kathy at x 302 or Jeanne at x 303.

If you are contacted by anyone asking for personal information over the phone, please be very cautious, and contact the Police Department at 895 2229 (Dispatch) to make a report if it seems suspicious.

VETERAN'S CREDIT

ELDERLY AND DISABLED EXEMPTION

The State revaluation/recertification process is done every 5 years and Fremont is set for April 1, 2020. We have already begun preparing for this revaluation cycle.

The Selectmen's Office has undertaken the Veteran Credit, Elderly and Disabled Exemptions review process which is almost complete. If you have not received this form, please contact the Selectmen's Office as soon as possible to avoid any disruptions. Questions can be directed to the Selectmen's Office at 895 2226 and you can reach Kathy at x 302 or Jeanne at x 303.

FREMONT COMMUNITY TV

FCTV has expanded to two channels with the holiday season starting this is a great opportunity to advertise local events to keep the residents informed.

FCTV VOLUNTEERS NEEDED

FCTV is continuing to grow and the committee would like to continue to grow. If you have an interest in joining us please contact Coordinator Bill Millios at 895 3200 x 312.

Submit a Bulletin Board Slide

To submit a Bulletin Board Informational Slide for inclusion on FCTV:

- Do a simple power point slide and save the file. Include the basic details of your event, keeping it brief so that it can be read by viewers in 8-12 seconds. Use nothing smaller than a 24-point font for ease of reading.
- Save the slide and email the .ppt file to FremontCTV@gmail.com

Please include your contact information so that the Committee can contact you in case of questions or if they need clarification. It will be put up on the Bulletin Board as soon as possible.

The most current dates and information about meetings and events are on the Town's website at www.Fremont.nh.gov

BANJOES, BONES & BALLARDS

**Fremont Public Library
Thursday October 10
at 6:30 pm**



Traditional songs, rich in local history and a sense of place, present the latest news from the distant past. They help us to interpret present-day life with an understanding of the working people who built our country. Tavern songs, banjo tunes, 18th century New England hymns, sailor songs, and humorous stories about traditional singers and their songs highlight this informative program by Jeff Warner.

THE FRIENDS OF THE FREMONT LIBRARY FUNDRAISER



Fremont Plates \$25.00
Fremont Spoon Rests \$20.00
Made by: Salmon Falls Stoneware
Now available at the Fremont Library
and Fremont Town Hall

FOOD PANTRY NEWS

With the holiday season fast approaching we would like to remind residents that the Food Pantry is always welcoming donations. The Food Pantry has helped the residents of Fremont for many years thanks to great volunteers and residents willing to help.

The new contacts for the Food Pantry are:
Renee King 603 244 1404
Kim Wood 207 370 5096



**American Red Cross BLOOD
DRIVE**
at the

FREMONT SAFETY COMPLEX

American Red Cross Bus will be at
425 Main Street in Fremont, NH

**Thursday, January 16, 2020
10:00 am – 3:00 pm**

To schedule an appointment, please call 1-800-RED
CROSS (1-800-73-2767) or visit redcrossblood.org and
enter sponsor code: FREMONTCOMMUNITY

COMPANIONS FOR HOMEBOUND SENIORS

Are you interested in assisting residents in need with a weekly visit?
This program pairs Senior Companion volunteers locally with residents in need of a weekly visit.

The volunteers generally make a weekly visit to play games, do crafts, go for a walk, read or write letters, or perhaps bake or provide a brief respite for caregivers.

If you are interested in learning more about this program, contact Bill Dearborn at (800) 856-5225. Their offices are in Concord NH and part of the Community Action Program of Belknap-Merrimack Counties Inc.

FREMONT FIRE DEPARTMENT

The Fremont Fire Rescue Department is recruiting new members! Operational and administrative opportunities are available for volunteers of all backgrounds and skill sets. Contact us today! Email Chief Butler at Fremont20C1@yahoo.com or call the station leave a message at 895 9634. The Chief also has office hours on Monday and Thursday evenings from 5:00 to 7:00 pm. They meet Monday evenings at 7:00 pm at the Fremont Safety Complex.

US CENSUS 2020

The 2020 Census preparation is already underway. By April 2020, households will receive an invitation to participate in the census. You'll then have three options to respond: online, by phone, or by mail. This is a key date for the 2020 count: When completing the census, you'll note where you are living on April 1. The Census is easy, and the questions are simple and you can find these on their website www.2020census.gov and much more information about the census. Census information is highly protected and is not shared with local governments.

Census Officials will begin visiting homes to collect responses from those who did not respond online, by phone or by mail. At the same time, there will be other surveys ongoing, such as the American Community Survey, so there will also be census field representatives visiting homes for other reasons as well.

How can you verify the identity of a Census Worker? If you are visited by someone from the U.S. Census Bureau, they must present an ID badge which includes their photo, Department of Commerce watermark and an expiration date. If you have questions call 800 923 8282 to speak to a local Census Bureau representative. To avoid a visit from representatives, complete your 2020 Census online, by phone or by mail.

The NH Representative visited the Town Hall this summer to provide some information about their efforts. They are already recruiting census workers, and a poster is at the Town Hall with more information.

WHY IT MATTERS: Monies apportioned out from the Federal budget are largely based on population, so it is important that Fremont be counted! Hospitals. Fire departments. Schools. Even roads and highways. The census can shape many different aspects of our community. Each year, the results help determine how more than \$675 billion in federal funding is distributed to states and communities. It's also mandated by the Constitution: The US has counted its population every 10 years since 1790. For more information, check out the website at: 2020CENSUS.GOV.

PUBLIC HEARINGS SCHEDULED FOR NH DRAFT TEN YEAR TRANSPORTATION PLAN

The schedule of Public Hearings has been released for the 2021-2030 Draft Ten Year Transportation Improvement Plan. Hearings in the RPC region include:

Oct 1 at 6pm: Salem - 44 Geremonty Drive (Salem High School, TV Studio)

Oct 8 at 6pm: Portsmouth - 175 Parrott Avenue (Portsmouth Public Library, Levenson Room)

Oct 28 at 6pm: Kingston - Kingston Community Library (56 Church Street by GPS. Actual address: 2 Library Lane)

For full schedule with times and locations visit:

<https://www.nh.gov/dot/org/projectdevelopment/planning/typ/documents/8.21.2019GACITPublicHearingSchedule.pdf>

For more information about the Ten-Year Plan visit:

<https://www.nh.gov/dot/org/projectdevelopment/planning/typ/index.htm>

NEWSLETTER DEADLINE

Deadline for submittal is generally the 15th of each month for publication in the following month. No opinion pieces will be accepted. Submissions may be edited for clarity and/or due to space constraints. Deadlines are available on the monthly MEETINGS CALENDAR page of the Town's website.



WASTE MANAGEMENT RECYCLING

General Recycling Information

- If you have overflow recycling (that won't fit in your bin) put it in another open container (box, laundry basket, a Rubbermaid container, etc.).
- If you prefer, you can use a covered barrel or other container, but it must be clearly labeled as RECYCLING.
- Put all of your recycling receptacles out on collection day, at least five feet from your toter.
- Do not bag anything within your recycling bin. Follow the new guidelines closely. Guidelines are available on the Town's website.
- Recycling bins are available at the Town Hall during regular business hours at the Selectmen's Office.
- On holiday weeks, regular pickup can vary, but it is usually one day delayed. Watch the website and the newsletter for more information. You can call the Selectmen's Office at 895 2226 x 303 (Jeanne) or x 302 (Kathy) or Waste Management at 800 847 5303 for more information as well. This means that Thursday pickup is Friday and Friday

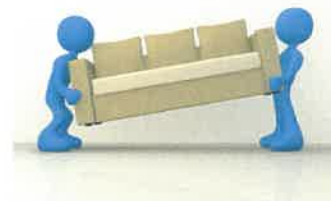
pickup is Saturday. When holidays fall on weekends or collections are disrupted by weather, the schedule may vary. Watch as the holiday week approaches.

- If trash/recycling pickup is delayed for inclement weather, it will be picked up the next day. We post this on our website and at the Town Hall as soon as we are notified by Waste Management. It is usually on the Trash & Recycling Page, or the red banner on the home page.
- Recycling has become a challenge as there is not much of a market for the plastic recyclables now. The most important thing with recycling is to *not* contaminate the recycling with other items that are no longer accepted. The Town saves money if we can follow these updated guidelines effectively.

The guidelines are available at the Town Hall and on the Town's website. If you have any questions, please check the Town web site. You can also call:

WM Customer Service at 800 847 5303 or the Fremont Selectmen's Office at 895 2226 x 303 (Jeanne) or x 302 (Kathy)

We appreciate your cooperation, as the more we can properly recycle, the more we can reduce our tipping costs at the landfill.



How Do I Dispose Of...?

Fremont Bulky Day in the Fall and Spring or Outgrown Clothes

- **Planet Aid:** Bins located at the Town Hall and Safety Complex,
- **Yellow "Public Clothing Drop":** Bins located on Route 107 near Action Auto.
- **Freecycle:** A nonprofit, grassroots movement of people who give away items for free to interested individuals in their surrounding communities...."it's all about reuse and keeping good stuff out of landfills."

Usable Household Items, Furniture, Toys, Tools etc.

Freecycle is a nonprofit, grassroots movement of people who give away items for free to interested individuals in their surrounding communities...."it's all about reuse and keeping good stuff out of landfills."

Leaves and grass clippings

Bring to Seacoast Farms Compost located on the dirt side of Shirkin Road (off of Beede Road), Monday - Friday 7am-3pm and Sat. 9-noon by appointment (please call owner Bob Kelly at 396-4108.)

The most current dates and information about meetings and events are on the Town's website at www.Fremont.nh.gov

FREMONT SCHOOL DISTRICT-SAU 83 POSITION OPENING

Para-Educator
Preschool - Grade 8
May work in group or 1:1 with students
Experience working with children
Para-Educator certified or certifiable

Interested applicants should submit to the SAU a full packet including:
Cover letter and Resume
Completed application (found at www.sau83.org
under Human Resources)
Three current letters of recommendation

An Affirmative Action/Equal Opportunity Employer
Interested applicants for any School District position should refer to
the SAU 83 website (under Human Resources) for application for to
submit to the SAU: www.sau83.org.



EXETER ADULT EDUCATION COURSES OFFER SOMETHING FOR EVERYONE

Start the fall season off right and do something for yourself!
Fall is a great time to pick up a new hobby, learn a new craft or
develop and expand upon your current areas of interest. We offer
many personal and professional development, technology training
and home and craft courses that begin throughout the fall.
We offer many personal and professional development, foreign
language (German is new this semester) cooking, health and
wellness, hand craft and computer courses that begin throughout
September, October, November and December.

Whatever your interests are, you should consider a fun evening
out at Exeter Adult Education! For a complete listing of our course
offerings, find us online at adulted.sau16.org or call our office at 775
8457 if you have any questions.

Pre-registration is necessary for all courses as class sizes are
limited. Online registration and payment is now accepted on our
website, adulted.sau16.org.

A partial list of fall course offerings includes:

BASIC ACCOUNTING FOR BUSINESS – Thursdays, 8 weeks,
beginning October 3, \$150, 6:30 - 8:00 pm

BASIC ITALIAN COOKING - Thursdays, 5 weeks, beginning
October 3, \$130, 6:00- 8:30 pm

BREAD MAKING BASICS – Monday, 1 night, October 21, \$45, 5:30
- 8:00 pm

ENTREPRENEURSHIP 101 – Thursday, 6 weeks, beginning
October 3, \$125, 6:00 - 8:00 pm

ESTATE PLANNING ESSENTIALS - Thursday, 1 night, October 24,
\$20, 6:00 - 8:30 pm

FALL WATERCOLOR WORKSHOP - Thursday, 1 night, October 17,
\$25, 6:30 - 8:30 pm

FUNDAMENTALS OF GARDEN DESIGN – Tuesdays, 6 weeks,
beginning October 1, \$125, 6:00 - 8:00 pm

GOOGLE SUITE APPS – Thursday, 4 weeks, beginning October 24,
\$110, 5:15 - 7:15 pm

GRAPHIC DESIGN FOR SMALL BUSINESS – Thursday, 5 weeks,
beginning October 3, \$110, 6:00 - 8:00 pm

HOW TO INVESTMENT YOUR 401K, IRA & OTHER PENSION
INVESTMENTS – Mondays, 2 weeks, beginning October 28, \$25,
6:30-8:30 pm.

INTRODUCTION TO EXCEL – Tuesdays, 7 weeks, beginning
October 1, \$150, 6:00 - 8:00 pm

INTRODUCTION FALUN GONG – Monday, 1 night, October 7, \$10,
6:30 - 8:30 pm

INTRODUCTION TO GERMAN LANGUAGE – Tuesdays, 8 weeks,
beginning October 1, \$145, 6:00 - 8:00 pm

INTRODUCTION TO GENEALOGY- Thursdays, 3 weeks, beginning
October 3, \$65, 6:00 - 8:30 pm

LIVING A BALANCED & PRODUCTIVE LIFE – Tuesday, 1 night,
October 1, 6:30 - 8:30 pm or Thursday, October 10, 11:30 am - 1:30
pm, \$20

MONEY HABITUDES – Monday, 1 night, September 30, \$25, 6:00 -
9:00 pm

OLD TESTAMENT PSALMS AT LITERATURE - Tuesdays, 10
weeks, beginning October 1, \$25, 7:00 - 8:00 pm

PODCASTING, WEBSITES & BLOGS - Monday, 4 weeks,
beginning November 23, \$110, 5:15 - 7:15 pm

TAMING YOUR TO DO LIST - Tuesday, 1 night, November 12, \$20,
6:00 - 8:00 pm

VICTORIAN BOXWOOD TREE - Monday, 1 night, December 9,
\$45, 6:00 - 9:00 pm

Pre-registration is required for all classes and space is limited.
Complete course descriptions and registration information are online
and in the brochure, which can be found at area businesses or the
library.

Register online now at adulted.sau16.org or mail in a
registration form with payment. Please call the Exeter Adult
Education office at 775 8457 with any questions. All courses are
open to both Exeter residents and non-residents 18 years or older. A
20% discount will be given to any person age 65 or over. Discounts
must be asked for at the time of registration. Refunds will not be
given unless a course is cancelled.

PEPPERMINT PONIES 4-H CLUB

Girls, boys 5+ years and their families are welcome to visit club activities and join [4-H Online](#) when ready. Attend year-round weekly Horse Knowledge club meetings Wednesday, 6-7:30 pm and Horse Apprentice Volunteer, Saturday 8-10 am. Volunteers engage with real live horses & ponies with adult supervision. Volunteers learn to track their time to earn credits towards horseback riding. [Join email list](#), contact leader Jan Brubacher, call/text 603 3030 1584 or email j.brubacher@comcast.net to attend a meeting or volunteer.

4-H is hands-on, learn-by-doing, age appropriate topics covering horse safety, behavior, communication, arts, crafts, breed, history, colors, markings, type, health, science, anatomy, physiology, care, feed, nutrition, use, career, finance, technology, equipment, show, train, ride and more.

Members participate in Stratham, Deerfield Fairs, [NHSPCA](#), local horse shows, events, activities and with other 4-H clubs. Members learn to work independently, create special projects, group teamwork, social skills, mentor, public speaking. Members record horse projects to earn recognition, scholarships, attend conferences, college, jobs.



We were chartered in 2005 by Jan Brubacher who was (and still is) a loyal, committed 4-Her. "My job is to enrich your child's life through the incredible resources available to us through [UNH Co-operative Extension](#)."

Selectmen's Office VM x 301 Heidi x 303 Jeanne and x 302 Kathy

Tel: 895 2226 ~ Fax: 895 3149
Mon & Fri: 8:00 am to 12 noon
Tues & Wed: 8:00 am to 4:00 pm
Thurs: 9:00 am to 5:00 pm
FremontTA@comcast.net
FremontTownHall@comcast.net
FremontSelectmensOffice@comcast.net

Tax Collector / Town Clerk 895 8693 VM x 307

Monday 9:00 am to 12 noon
Tuesday 7:30 am to 3:00 pm
Wednesday 3:00 to 7:00 pm
Thursday 9:00 am to 5:00 pm
Friday 9:00 am to 12 noon
FremontClerk@comcast.net

Bldg & Planning 895 3200 Building Inspector VM x 309

Tue, Wed & Thur
8:30 – 10:00 am and 1:00 – 2:00 pm
and by appointment
FremontBI@comcast.net

Planning & Zoning VM x 306

Tuesday & Thursday 10:00 am to 4:00 pm and by appointment
FremontPZ@comcast.net

Health by appt 895 3200 x 309
Welfare by appt 483 2881

Town & Department Contacts EMERGENCY dial 9 1 1

Police Department 895 2229
Fax 895 1116

Mon – Fri 8:00 am to 4:00 pm

Fire Rescue Business 895 9634
Office Hours M/Th 5:00 to 7:00 pm
Raymond Disp 895 4222 Non-Emerg

Highway Dept - Road Agent
Leon Holmes Jr 603 300 7430

Fremont Public Library
Tel 895 9543 ~ Fax 244 1724
Mon Noon to 5 pm / Tu & Th 1 to 7 pm
Wed & Fri 9 am to 5 pm
Sat 9 am to 2 pm

Ellis School 895 2511 sau83.org
SAU # 83 895 6903 Fax 895 6905
Both located at 432 Main Street

Post Office 895 2094
Mon - Fri 9:15 am - 12:15 pm and 1:15 - 4:15 pm
Sat 8:30 to 11:00 am

Trash Pickup & Recycling – Waste
Management of NH - 800 847 5303

FAA fremontathletics@yahoo.com
www.fremontathleticassociation.org
Food Pantry Renee 244 1404 or
Kim 207 370 5096

2019 MEETING SCHEDULES Fremont Town Hall

Cemetery Trustees	4:00 pm
Oct 8	
Conservation Comm	6:30 pm
Oct 7	Nov 4
FCTV Committee	6:00 pm
Oct 21	Nov 18
Parks & Recreation	6:00 pm
Oct 9	Nov 12
Planning Board	7:00 pm
Oct 2, 16	Nov 6, 20
Selectmen	6:30 pm
Oct 3, 10, 17, 24, 31	Nov 7, 14
Zoning Board	7:00 pm
Oct 22	Nov 26
Open Space	6:30 pm
Sep 30	Nov 5
Budget Committee	7:00 pm
Oct 9, 23, 30	Nov 6, 13, 27

Fremont Public Library

Library Trustees	7:00 pm
Oct 23	Nov 20
Supervisors of Checklist	7:00 to 7:30 pm 1 st Tuesday of the month
Friends of Library	4:00 pm
Third Tuesday of the month	
Garden Club	7:00 pm
4 th Tuesday of the month	Sept to April