

Report of the Health Officer

I would like to start by welcoming our new Deputy Health Officer, Carla Smith. Many of you will know her as our school nurse. She has an impressive background (MSN, RN & CEN) and will be a great asset.

Once again, I would like to thank Trudie Butler who stepped down this year. (Please see the 2004 Annual Town Report where Trudie was recognized with appreciation). Trudie was the Town's Health Officer from 1993 to 2009, when she stepped down to the Deputy Health Officer role until her retirement in 2013.

Mosquitoes, I watched as most, if not all, of the surrounding towns had their status upgraded yet ours remained low. Never a big fan of spraying in my youth, I now have to believe it has helped. Still, mosquitoes will always be a concern.

The Town of Fremont has had a Safety Committee, and starting in 2012 we began to meet on a more regular basis. You may have seen some improvements to Town buildings. We are trying to keep our employees and visitors safe (and healthy). The Committee consists of the Town Administrator Heidi Carlson, Police Chief Jon Twiss, Head Librarian Bethany Brace, Fireman Joe Goldstein and I. Jeanne Nygren, Leon Holmes Jr and Mary Wheaton-Pinder have also attended meetings as alternates, and Fire Chief Rick Butler and Road Agent Mark Pitkin are always available to help. Our new Deputy Health Officer Carla Smith helped with the *Trip, Slip and Fall Prevention Policy* that is being added to the Safety Program (and more than likely will be a work in process).

As always, Information is available on the Town's web site www.Fremont.nh.gov on the Health page. Links to other resources can also be found there.

Stay healthy.

Respectfully submitted,

Bob Meade, Health Officer
Carla Smith, Deputy Health Officer

*"Learn from yesterday, live for today, hope for tomorrow.
The important thing is to not stop questioning."*

~ [Albert Einstein, Relativity: The Special and the General Theory](#)