

## **Report of the Health Officer**

Once again, I would like to start by thanking Trudie Butler who comes in each week to not only answer my questions but brighten my week. I also have the Fire Chief, Rick Butler and the Town Administrator, Heidi Carlson to help with health issues. There are also a number of nurses in town who have also offered to help – thank you all.

Making the top of my list again this year is mosquitoes. I watched as many of the surrounding towns alert levels were upgraded (other areas in New Hampshire were far worse) with threats from these insects. Fortunately, here in Fremont our threat remained low. I do have concerns for our neighborhoods close to the borders of these towns due to their proximity but I am not aware of any actual issues. With so much standing water in town mosquitoes (and what they carry) will always be a concern.

There were several dead birds found in town this year though the state did not have the same concern that they had just a couple years ago about them and other than concern, nothing more came of it.

There were several reports in the news concerning food recalls (though it seemed like less instances than previous years). This is something we should all keep aware of.

The threat (for some more than a threat) of Hepatitis C was another concern we still had and continue to follow.

Information is available on the Town's web site [www.Fremont.nh.gov](http://www.Fremont.nh.gov) on the Health page. Links to other resources can also be found there.

Besides being careful, do everything you can to stay healthy.

Respectfully submitted,

Bob Meade, Health Officer  
Trudie Butler, Deputy Health Officer

"Character is like a tree and reputation like a shadow.  
The shadow is what we think of it; the tree is the real thing."

~President Abraham Lincoln