

## **Report of the Health Department**

Health matters in Fremont remained relatively quiet throughout 2010. The voters again approved the Mosquito Control Program and it was undertaken by Municipal Pest Management Services. The bulk of the program deals with wetlands identification and treating mosquito larvae. The program begins with preparation of a permit through the NH Department of Environmental Services. Control activities go on throughout the year dealing first with larval habitat identification and treatment through the weekly trapping and testing of mosquitoes with larviciding of breeding areas.

The goal of the program is to reduce the annual occurrences of mosquito-borne disease. Updates are provided on the website and in the Town's monthly Newsletter. If approved for funding in 2011 by voters, notification will begin and continue through the fall months. If necessary, barrier (preventative) spray treatments would be done at Ellis School, the Safety Complex, Public Library, and Memorial Ball Fields.

The best preventative action is to be vigilant with personal protective measures. Wear long sleeves and long pants when outside during peak mosquito times and wear appropriate repellent with DEET.

If you have any particular questions regarding mosquito control, or want to bring a new wetland to the attention of the contractor, please feel free to contact MPMS at 603 431 0008 or by email at [swampfixer@myfairpoint.net](mailto:swampfixer@myfairpoint.net).

Ticks are still prevalent in NH as well. Use the same personal protective measures mentioned above for mosquitoes, and check pets and small children after being outdoors.

There is a great deal of information and various fact sheets available on the Town's web site at [www.Fremont.nh.gov](http://www.Fremont.nh.gov) on the Health Department page. Links to the State of NH and other resource pages are also included.

It is up to everyone to keep the roadsides free of trash. Please help to keep your portion of the roadside clean.

Respectfully submitted,

Trudie Butler  
Deputy Health Officer

“There are no secrets to success.  
It is the result of preparation, hard work, and learning from failure.”

~ Colin Powell