

Report of the Fremont Food Pantry

The Fremont Food Pantry is grateful to have been assisting Fremont residents for over 30 years. Over these years we have been able to enhance the offerings to include not only food but household items, health & beauty aids, and paper goods. We are located at the Fremont Town Hall, 295 Main Street in the lower level. We are a registered non-profit with 501 (c) (3) status.

In 2023 we again have seen a continued increase in calls for service. We held nine open house events that provided food and supplies for over 215 residents. We also provided 76 holiday dinner baskets that fed over 282 people. We contributed to the 68 hours of hunger programs, along with providing support to families that faced an unexpected tragedy including fire or an unexpected illness within a family unit.

We continuously work obtaining outside grants, participate in local food drives and promote the "Fight Hunger" program through Hannaford in Raymond. We are the yearly recipient of Fremont Boy Scout Troop 1 "Scouting for Food" event along with donations from holiday light proceeds, company food and cash drives, proceeds from our local artisan fairs, yard sales and residents that donate monthly and occasionally. Everyone is a key component to stocking our shelves. Every single dollar, item or gift card that is donated, either privately or from a business, is immensely appreciated and always goes back to residents in need.

Late in 2023 we applied and were approved to be part of the NH Food Bank. Several of us received our Servsafe Food Handler certification. We also welcomed Debbie Caputo and Gail Morin to our Committee. I am thankful for the truly devoted Committee members that make the pantry what it is today.

We all are very grateful to be the stewards that continue the forward progression by helping those in need right in our own community. It truly is heartwarming to know that so many people go above and beyond to take care of our own. Without that support we could not be the conduit to help Fremont residents in need.

Announcements of open houses and holiday dinner baskets will be listed on the Fremont Community page, Fremont Newsletter and Website, and the FCTV Bulletin Board.

If you need help or know someone who does please call Renee at 603 244 1404 or Kim at 207 370 5096 for more information.





The Fremont Food Pantry is in the basement office space at Town Hall.

Respectfully submitted,

Renee King, Kim Wood, Sherry Sampson, Gail Morin, and
Debbie Caputo

**Fremont Food Pantry
295 Main Street
Fremont, NH 03044**

The Fremont Food Pantry is a free, confidential service offered to Fremont residents in need of food assistance.

Donations are taken all year long at the Pantry. You can leave non-perishable food at the Fremont Town Hall during any open business hours. Please DO NOT leave them outside in inclement weather (too hot or too cold) so that things will not be spoiled.

Grocery store gift cards are also helpful and accepted at all times during the year.

Monetary donations are gratefully accepted and can be made payable to Fremont Food Pantry and dropped off at the Select Board's Office in the Town Hall (295 Main Street) or mailed to the Pantry at PO Box 120, Fremont NH 03044-0120.

"Food is national security.
Food is economy.
It is employment, energy, history.
Food is everything."

~ Chef José Andrés
founder of World Central Kitchen

Photos courtesy of Renee King